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| **Key national and local websites – with most up to date information** |
| <https://www.gov.scot/> | <https://publichealthscotland.scot/> |
| <https://www.nhsfife.org/> | <https://www.fifehealthandsocialcare.org/> |
| <https://www.fife.gov.uk/> | <https://www.fva.org/> |
| [https://www.nhsinform.scot/translations/russian/](https://www.nhsinform.scot/translations/languages/russian/) | [https://www.nhsinform.scot/translations/ukrainian/](https://www.nhsinform.scot/translations/languages/ukrainian/) |

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| **Welcome Information** |
| [Scottish Government - A Warm Welcome - Russian](https://www.gov.scot/binaries/content/documents/govscot/publications/factsheet/2022/04/warm-welcome-russian/documents/welcome-ukrainians-arriving-scotland-first-minister-nicola-sturgeon/welcome-ukrainians-arriving-scotland-first-minister-nicola-sturgeon/govscot%3Adocument/welcome-ukrainians-arriving-scotland-first-minister-nicola-sturgeon.pdf)[Scottish Government - A Warm Welcome - Ukrainian](https://www.gov.scot/binaries/content/documents/govscot/publications/factsheet/2022/04/warm-welcome-ukrainian/documents/welcome-ukrainians-arriving-scotland-first-minister-nicola-sturgeon/welcome-ukrainians-arriving-scotland-first-minister-nicola-sturgeon/govscot%3Adocument/welcome-ukrainians-arriving-scotland-first-minister-nicola-sturgeon.pdf) |

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| **Accessing GP Services Right Care Right Place** |
| [https://www.nhsinform.scot/translations/a-guide-to-nhs-scotland-services-for-displaced-persons-from-ukraine-russian](https://www.nhsinform.scot/translations/languages/russian/a-guide-to-nhs-scotland-services-for-displaced-persons-from-ukraine-russian)[https://www.nhsinform.scot/translations/a-guide-to-nhs-scotland-services-for-displaced-persons-from-ukraine-ukrainian](https://www.nhsinform.scot/translations/languages/ukrainian/a-guide-to-nhs-scotland-services-for-displaced-persons-from-ukraine-ukrainian) |
| [https://www.nhsinform.scot/translations/right-care-right-place-russian](https://www.nhsinform.scot/translations/languages/russian/right-care-right-place-russian)[https://www.nhsinform.scot/translations/right-care-right-place-ukrainian](https://www.nhsinform.scot/translations/languages/ukrainian/right-care-right-place-ukrainian) |
| <https://www.nhsinform.scot/translations/languages/russian/health-rights/registering-with-a-gp-practice-russian><https://www.nhsinform.scot/translations/languages/ukrainian/registering-with-a-gp-practice-ukrainian> |
| <https://www.nhsinform.scot/translations/languages/ukrainian/calling-111-ukrainian> |

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| **Pharmacy First** |
| [NHS Pharmacy First Scotland information - English](https://www.gov.scot/binaries/content/documents/govscot/publications/advice-and-guidance/2020/07/nhs-pharmacy-first-scotland-information-patients/documents/nhs-pharmacy-first-scotland-information-patients/nhs-pharmacy-first-scotland-information-patients/govscot%3Adocument/nhs-pharmacy-first-scotland-information-patients.pdf)[NHS Pharmacy First Scotland information - Russian](https://www.gov.scot/binaries/content/documents/govscot/publications/advice-and-guidance/2020/07/nhs-pharmacy-first-scotland-information-patients/documents/russian-version-nhs-pharmacy-first-scotland-information-patients/russian-version-nhs-pharmacy-first-scotland-information-patients/govscot%3Adocument/russian-version-nhs-pharmacy-first-scotland-information-patients.pdf)[NHS Pharmacy First Scotland information - Ukrainian](https://www.gov.scot/binaries/content/documents/govscot/publications/advice-and-guidance/2020/07/nhs-pharmacy-first-scotland-information-patients/documents/ukrainian-version-nhs-pharmacy-first-scotland-information-patients/ukrainian-version-nhs-pharmacy-first-scotland-information-patients/govscot%3Adocument/ukrainian-version-nhs-pharmacy-first-scotland-information-patients.pdf) |

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| **Dental Services** |
| *Leaflet to be translated into Ukraine and Russian.* |

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| **Psychological Support** |
| *More information to be added* |

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| **Accessing Maternity Services** |
| Your pregnant, what happens now? The first step is to complete our online referral form or phone 01592 643 355 (extension 28374) Monday to Friday between 10am and 12noon. Once you are registered a midwife will be in touch to provide you with all the information and support you need to guide you through your pregnancy. Visit [www.nhsfife.org/maternity](http://www.nhsfife.org/maternity) for more information.Pregnant l**ess than 13 weeks** requiring access to maternity care with an early pregnancy complication (bleeding or pain) 24 hours/7 days a week - call **Early Pregnancy Unit on 01592 729706**Pregnant **greater than 13 weeks** – call **Maternity Assessment Unit on 01592 729187** or **CLD on 01592 729182** |

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| **Covid-19** |
| [https://www.nhsinform.scot/translations/covid-status-accessibility-statement-russian](https://www.nhsinform.scot/translations/languages/russian/covid-status-accessibility-statement-russian)[https://www.nhsinform.scot/translations/covid-status-accessibility-statement-ukrainian](https://www.nhsinform.scot/translations/languages/ukrainian/covid-status-accessibility-statement-ukrainian) |
| <https://www.nhsinform.scot/translations/languages/ukrainian/coronavirus-covid-19-ukrainian> |
| [https://www.nhsinform.scot/translations/illnesses-and-conditions/long-term-effects-of-covid-19-long-covid-russian](https://www.nhsinform.scot/translations/languages/russian/illnesses-and-conditions/long-term-effects-of-covid-19-long-covid-russian)[https://www.nhsinform.scot/translations/long-term-effects-of-covid-19-long-covid-ukranian](https://www.nhsinform.scot/translations/languages/ukrainian/long-term-effects-of-covid-19-long-covid-ukranian) |
| <https://www.nhsinform.scot/translations/languages/russian/health-rights/has-your-hospital-treatment-been-affected-by-the-coronavirus-covid-19-pandemic-russian> |

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| **Early Years** |
| [http://www.healthscotland.com/uploads/You're-pregnant-Scans-and-tests-English.pdf](http://www.healthscotland.com/uploads/documents/30532-__You%27re%20pregnant%21%20Scans%20and%20tests-December%202021-English.pdf)[http://www.healthscotland.com/uploads/You're-pregnant-Scans-and-tests-Russian.pdf](http://www.healthscotland.com/uploads/documents/30532-You%27re%20pregnant%21%20Scans%20and%20tests-Dec2021-Russian.pdf) |
| [http://www.healthscotland.com/uploads/Your-baby!-Tests-offered-English.pdf](http://www.healthscotland.com/uploads/documents/30534-__Your%20baby%21%20Tests%20offered-March2022-English.pdf)[http://www.healthscotland.com/uploads/Your-baby!-Tests-offered-Russian.pdf](http://www.healthscotland.com/uploadsYour-baby%21-Tests-offered-Russian.pdf) |
| [http://www.healthscotland.com/uploads/Fun-First-Foods-English.pdf](http://www.healthscotland.com/uploads/documents/303-__Fun%20first%20foods-January2022-English.pdf)[http://www.healthscotland.com/uploads/Fun-First-Foods-Russian.pdf](http://www.healthscotland.com/uploads/documents/303-Fun%20First%20Foods-Jan2022-Russian.pdf) |

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| **Immunisation in Early Years** |
| [http://www.healthscotland.com/uploads/Protect-Your-Child-Against-Serious-Diseases-English.pdf](http://www.healthscotland.com/uploads/documents/6016-__Protect%20your%20child%20against%20serious%20diseases-December2021-English_1.pdf)[http://www.healthscotland.com/uploads/Protect-Your-Child-Against-Serious-Diseases-Russian.pdf](http://www.healthscotland.com/uploads/documents/6016-Protect%20your%20child%20against%20serious%20diseases-Dec2021-Russian.pdf)[http://www.healthscotland.com/uploads/Protect-your-child-agains-serious-diseases-Ukrainian.pdf](http://www.healthscotland.com/uploads/documents/6016-Protect%20your%20child%20against%20serious%20diseases-Dec2021-Ukrainian.pdf) |
| [http://www.healthscotland.com/uploads/What-to-expect-after-immunisation-Babies-and-Young-Children-English.pdf](http://www.healthscotland.com/uploads/documents/6122-__What%20to%20expect%20after%20immunisation.%20Babies%20and%20young%20children-September2021-English.pdf)[http://www.healthscotland.com/uploads/What-to-expect-after-immunisation-Babies-and-Young-Children-Russian.pdf](http://www.healthscotland.com/uploads/documents/6122-What%20to%20expect%20after%20immunisation%20Babies%20and%20Young%20children-Sept2021-Russian_1.pdf)[http://www.healthscotland.com/uploads/What-to-expect-after-immunisation-Babies-and-Young-Children-Ukrainian.pdf](http://www.healthscotland.com/uploads/documents/6122-What%20to%20expect%20after%20immunisation%20Babies%20and%20Young%20children-April2022-Ukrainian.pdf) |
| [http://www.healthscotland.com/uploads/What-to-expect-after-immunisation-Young-people-English.pdf](http://www.healthscotland.com/uploads/documents/6132-__What%20to%20expect%20after%20immunisation-Young%20people-February2022-English.pdf)[http://www.healthscotland.com/uploads/What-to-expect-after-immunisation-Young-people-Russian.pdf](http://www.healthscotland.com/uploads/documents/6132-What%20to%20expect%20after%20immunisation-Young%20people-Feb2022-Russian.pdf) |
| [http://www.healthscotland.com/uploads/Whooping-Cough-vaccine-leaflet-English.pdf](http://www.healthscotland.com/uploads/documents/22551-Whooping%20Cough%20vaccine%20leaflet-Jan%202022-English.pdf)[http://www.healthscotland.com/uploads/Whooping-Cough-vaccine-leaflet-Russian.pdf](http://www.healthscotland.com/uploads/documents/22551-Whooping%20Cough%20vaccine%20leaflet-Jan2022-Russian.pdf)[http://www.healthscotland.com/uploads/Whooping-Cough-vaccine-leaflet-Ukrainian.pdf](http://www.healthscotland.com/uploads/documents/22551-Whooping%20Cough%20vaccine%20leaflet-Jan2022-Ukrainian.pdf) |
| [http://www.healthscotland.com/uploads/Covid-19-vaccine-important-information-for-new-parents-Russian.pdf](http://www.healthscotland.com/uploads/documents/65432-Covid-19%20vaccine%20-%20important%20information%20for%20new%20parents-Oct21-Russian.pdf) |

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| **Interpreting and Translation Services in NHS** |
| 24 hour answering service – 01592 261900Language Line Solutions: 0800 028 0073fife-EqualityandHumanRights@nhs.scot |

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| **Handling and managing your NHS data** |
| [https://www.nhsinform.scot/translations/how-the-nhs-handles-your-data-russian](https://www.nhsinform.scot/translations/languages/russian/how-the-nhs-handles-your-data-russian)[https://www.nhsinform.scot/translations/how-the-nhs-handles-your-personal-health-information-ukrainian](https://www.nhsinform.scot/translations/languages/ukrainian/how-the-nhs-handles-your-personal-health-information-ukrainian) |

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| **Other** |
| [http://www.healthscotland.com/uploads/Making-a-Change-English.pdf](http://www.healthscotland.com/uploads/documents/30950-__Making%20a%20Change-English-April2020.pdf)[http://www.healthscotland.com/uploads/Making-a-Change-Russian.pdf](http://www.healthscotland.com/uploads/documents/30950-Making%20a%20Change-May20-Russian.pdf) |
| [The Well leaflet - English](https://www.fife.gov.uk/__data/assets/pdf_file/0024/356910/The-Well-Leaflet-English.pdf)[The Well leaflet - Russian](https://www.fife.gov.uk/__data/assets/pdf_file/0025/356911/The-Well-Leaflet_Russian.pdf)[The Well leaflet - Ukrainian](https://www.fife.gov.uk/__data/assets/pdf_file/0026/356912/The-Well-Leaflet_uk_Ukrianian.pdf) |