

DOWN YOUR

Street

Tenants' Magazine



Energy
efficiency
P4

Summer fun!



#DYSFife

www.fife.gov.uk/housing



Easter fun at Steelworks Brae
page 14

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Get in touch

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tenantparticipation@fife.gov.uk
www.fife.gov.uk/housing



@fifecounciltp

Keep Building and Keep Improving Council Houses

Over recent weeks, the Council's Cabinet Committee has taken key decisions to build 1200 more council houses between 2024 and 2029 and to keep adding more energy efficiency measures to help tenants heat their homes. The Council has also agreed a revised approach to assisting tenants with dampness, condensation and mould problems in their homes.

The demand for council housing in Fife has never been greater with a record number of applicants on the Fife Housing Register and people accepted as homeless. This is a key challenge for the council at a time when we are still recovering from the Covid pandemic. Building more council houses is a key priority as well as trying to improve our performance on bringing empty housing back into use.

Continuing to improve tenants' houses is also important to make it easier for you to live more comfortably by increasing the energy efficiency level and ensuring that houses are free from dampness, condensation and mould.

Our Winter programme of assisting tenants in fuel poverty and tenants having real difficulty in adequately heating their home has now come to an end. We have assisted over 4,500 tenants to top up power meters or given practical help and support through working across the Housing Service and in partnership with Cosy Kingdom. A summer programme of help is now available on a discretionary basis to help those tenants in most extreme difficulty with fuel costs.



With the warmer weather, housing officers can now get into their estates and look at improving our neighbourhoods. We will be working closely with our partner Tenants & Residents Associations to do this, and you will find plenty of examples of successful efforts across Fife.

Enjoy the summer.

John

John Mills

Head of Housing Services

How to be more energy efficient

Home energy price increases are a worry for many of us. The best way to pay less right now is to use less. There are plenty of practical actions you can take to help save energy around your home, reduce your energy bill and your carbon emissions too.

The following will all help:

- Reducing your thermostat by 1°C • Using your thermostatic radiator valves to shut off heat if the room is being used, or to turn the heat down if the room is not used all the time.
- Keeping curtains and doors closed between rooms.
- Switching appliances and devices off at the plug rather than leaving them on standby
- Using a slow cooker or pressure cooker rather than an oven
- Using LED lighting and switching lights off when that room isn't being used

Please reach out to your housing officer if you are struggling to heat your home and need advice and support.

The UK Government's Energy Bill Support Scheme – Reminder

This scheme has now ended and all vouchers for £66/67 must be redeemed by 30th June 2023. Vouchers are valid for 90 days from date of issue. Although this scheme is ending there is a new more targeted Cost of Living scheme for low income households (see below).

Energy Price Guarantee - Reminder

The UK Government's Energy Price Guarantee (EPG) will cap the typical household on a dual tariff at £3,000 per year from June 2023

That's a 20% increase on the current EPG cap, after a 27% increase in October 2022. However, since the government will also be removing the £400 Energy Bills Support Scheme grant in April, if your usage stays the same, the average energy cost will increase by 43%.

Please get in touch with our partner Cosy Kingdom or the Fife Council's Fuel Poverty team for help and advice (fuel.poverty@fife.gov.uk). Phone: 01592 807930 Text: Text 'COSY' and your name to 88440. Email: info@cosykingdom.org.uk Fuel.poverty@fife.gov.uk For further support with the Cost of Living please visit Cost of Living Support (fife.scot)

The Government announced the next round of cost-of-living support. Up to £900 will be paid to eligible customers receiving means-tested benefits, including tax credits, in three new instalments throughout 2023 and 2024.

Eligibility criteria are separate for each Cost of Living Payment. Receiving a previous Cost of Living Payment doesn't guarantee a customer will be eligible for the next payment. Information about the Cost of Living Payments can be found at <https://www.gov.uk/guidance/cost-of-living-payment>.

Whilst we enjoy the summer months, please be mindful that although you may not be using Gas in your property, if you are on a pre-payment meter, you will still be charged a standing charge per day. Failing to top up your meter regularly to cover this will result in a build up in debt owed.

Daily standing charges for gas range from 28p – 32p and 50p-60p for electric.



Methilhaven/Sea Road Fencing project has giving our tenants their own gardens!

The purpose of the fencing project on Methilhaven and Sea Road Sheltered Housing Properties was not only to make the area appear more welcoming, but to also give tenants their own designated secure garden space.

There was a communal space to the back of the Sea Road properties that was rarely used as tenants weren't sure what section of the space they were entitled to use and responsible for maintaining. It was agreed during the consultation period that we would divide the space with 3ft fences so the tenants would still be able to communicate their neighbours, but also have their own space to enjoy with their families. Since the fences have been installed the tenants have taken great pride in improving and maintaining their own space.

Mr Cunningham (125 Sea Road) when I asked about the fencing *"Absolutely smashing son, I love having my family visiting now"*.

The fencing on Methilhaven Road was dated and in a state of disrepair with many of the dividing fences

being removed due to the condition. Again, we consulted with the tenants, and they were very keen on the idea of replacing the existing fencing. The area now appears much more welcoming, and the tenants are delighted with having a secure fencing and functioning gates.



before



after

Road Widening making everyone's lives that little bit easier!

It was brought to the attention of the Levenmouth Housing Area Team that some tenants and residents were having issues with the parking and width of the road at The Barony, East Weymss.

The area was then identified as a potential project by Cllr Ken Caldwell, Cllr Caldwell attended all site visits and kept everyone up to the date with the progress throughout. The Housing team came together with transportation and building services to discuss the best plan of action for the community. The Housing Management Officer, Mark Moir, took control of the project and started planning.

"This project was brought to our attention as we had complaints coming due to the condition of the Road. People parking on the S bend made it very tight for the busses and other larger vehicles to get around the corner. The vehicles would mount the kerb which would mean continual repairs throughout the years. As a solution we took the grass back and installed 8 car parking spaces. This has fixed all the issues with parking/kerbs etc and made the residents much happier."



Bee relocation, Lomond Crescent, Falkland

In summer 2022, Emma Bell, the Housing Management Officer (HMO) for Falkland was approached by the tenant of a property who explained that there were large numbers of bees around the outside of their property. Emma visited along with one of our Pest Control Officers to see exactly what the issue was, and it quickly became apparent that the bees were living in the wall cavity of the house, having been able to get in through a tiny hole. Neighbours estimated that the bees had been resident for around ten years!

Emma contacted an independent company who specialise in bee keeping, and who have previous experience of safely removing bees from often surprising locations. It was quickly established that these were honeybees and they likely had a

large established nest within the wall. Due to the possible size of the nest we had concerns that it may cause damage to the structure of the property if left untouched.

Housing staff worked closely with the specialists, along with colleagues from Building Services to survey the property and come up with a plan to remove and relocate the colony, and in spring this year scaffolding was erected at the property. All the staff who would be involved on the day were given training from experienced beekeepers, as well as being provided with beekeeping suits to ensure they didn't get stung.

Everyone worked together on the day to ensure that the bees could be moved to their new home, with a large hole carefully being cut in the brickwork to gradually expose the bees. Our colleagues from the



Safer Communities Team were on hand to make sure people were kept a safe distance away. The bees and their combs - some of which were full of honey and others containing the brood - were carefully removed over 4 hours and placed into temporary containers before being taken to their new home at a countryside location in North East Fife. The nest is estimated to have contained 50-60 thousand bees.

Bees are vitally important as they help to pollinate our

crops, fruit, vegetables, trees and flowers and we're really pleased that the bees are settling in well to their new purpose-built home.

If you think you may have a bee's nest on your property, please don't use any chemicals or pesticides! Contact your Housing Management Officer or our Pest Control Team in the first instance for advice.



Auchmuty Action Plan is a go!

The Glenrothes Housing Area Team had a walkabout on a rainy day in March to discuss an Estate Action Plan for the Auchmuty area. The miserable weather didn't manage to dampen anyone's spirits though!

There were many different services and teams who attended on the day, and everyone combined ideas to come up with the plan for Auchmuty. This was attended by representatives from the Glenrothes Area Housing team, Grounds Maintenance, Cleansing team, Transportation, Factoring Team, Estates team, Safer Communities and Auchmuty TRA (ADTRA). By listening to the communities' concerns, the group investigated areas where complaints and issues had been raised previously and decided to target these streets to give the area a more positive outlook.

The group identified areas in Malcolm Road, Canmore Road, Dovecot, Church Street, Auchmuty Drive and the area around Woodside shopping precinct to include in an action plan to make improvements to areas. The next

step will be to meet with all parties again to agree on a programme of works and update the action plan with the timeframes and agree what specific services will be taking on the issues that were recognised.



Do you have home contents insurance?

Fife Council are responsible for the Buildings Insurance of Fife Council properties but we do not insure your furniture, belongings or decorations against theft, fire, flooding and other household risks.

Tenants are strongly advised to take out adequate insurance and ensure the value of insurance cover is maintained at a realistic level.

Fife Council offers tenants the opportunity to insure their home contents with a low-cost insurance scheme.

Contact your Housing Officer for further information



or call the **Housing Advice Line** on
03451 55 00 33
(Mon-Fri, 8am-6pm).

LOOKING TO MOVE HOME WITHIN FIFE?

Have you thought about Mutual Exchange? Register now on HomeSwap - Fife Housing Register's online exchange service. Register your property and search for other tenants looking to exchange. Not sure if it's for you? Check out the public register to see what's available.



To find out more,
visit: www.fifehousingregister.org.uk/homeswap-about/

Estate Action working in Linktown

This damaged wall between Link Street/Ramsay Road has been a blight on the landscape for years.

Despite several small repairs and several accidents, this corner wall has been a danger to pedestrians for too long. This was picked up on a walkabout with members of the Linktown Estate Action group, which aims to correct these type of issues by breaking down barriers to repair and correct problems like this in a quicker manner.

This is really good news for the Linktown Tenants and Residents Association who have worked tirelessly to see this area repaired, thanks to Fife Council, Building Services for repairing this dangerous wall. Another successful project delivered by the Linktown Estate Action Plan, where our local tenants group works with all departments of Fife Council.

S Halstead – Committee member



St Patricks Day Celebrations at Cedar Avenue

Following on from their last successful event to celebrate the Jubilee and after the restrictions of the last few years Cedar Avenue Tenants and Residents Association were delighted to hold a St Patricks Day celebration on the 17th of April for all tenants. This was held in the lounge of Cedar House, Very Sheltered Complex. Dawn and Jackie (Very Sheltered Housing Officers) decorated the lounge to tie in with the St Patricks Day theme which looked really great!

The tenants all enjoyed a sing along and dance with the entertainment that had been provided by the TRA, along with some tasty stovies. This was a fun event, which allowed everyone to be involved and enjoy each other's company celebrating together. This was especially good after previous years of social events being restricted. It was a great day, and everyone is looking forward to more celebrations soon.

Cedar Avenue Tenants and Residents Association have been running for 4 years now and hope to

continue working together alongside other services to improve their community and keep Cedar House a great place where everyone can enjoy and benefit from the various events and activities that they hold throughout the year.



Another New Tenants Association for Dunfermline

After reading about the other new Tenant Associations getting formed and their achievements, in the recent editions of *Down Your Street*, the Tenants asked their Retirement Housing Officer (RHO) Jackie, about setting up a Tenant Association for Dollar Court and David Millar Place in Dunfermline.

Jackie made contact with the Tenant Participation Team and Julie McDougall and Rab Clark attended a coffee morning, to explain the benefits of having a Tenant Association, including to give them a collective voice and hold Fife Council to account.

All of the tenants present said that they would like to have a Tenant Association, so a date was then arranged for Rab to return, which he did, with Lynne Johnston, Housing Team Manager.

The meeting was very well attended and a committee was duly elected, one of the tenants even joined the meeting via video call, as they couldn't be there in person.

The tenants are looking forward to working with Fife Council and making improvements in their area.

Janet Anderson - I'm excited for us to be setting up a T/A, it will bring us together as a community.

Anne McNeill - It can only be a positive step going forward, gives many small voices a more powerful voice.

Jackie (RHO) - It will be good to see the tenants working together, it will give them a purpose and let their voices be heard.

Lynne Johnston, Housing Team Manager, Dunfermline Area

It was wonderful to see such an enthusiastic group, so keen to work together to improve their neighbourhoods. The whole housing team look forward to working closely with the Residents Association to help achieve their goals in the future.



Fire skills

This course is aimed at young people that have come into contact with the youth justice system or are on the periphery of offending behaviour. Referrals can come from Youth Offender Management Group, Schools, Scottish Fire and Rescue Service (SFRS), SACRO or other partner agencies. The purpose is to enhance core skills, such as citizenship, awareness of health and safety, confidence and communication, problem solving, self-discipline, team working and an understanding of the role the Fire Service and other agencies play in the community.

Katie and Graeme are responsible for referrals and undertake the home visits with support from SFRS.



On the days of diversion, we collect participants and transport from their home to the fire station and support the participants to participate to allow them to get the most out of the opportunity and learn about themselves as well as the impact of anti-social behaviour. The course itself is kept as practical as possible with the Fire Service facilitating all the practical elements of the course while on the drill yard as well as support the participants to engage and get the most out of the course.



F24

In partnership with BRAG enterprises and Youth 1st, Safer Communities provided the opportunity for young people that attend Auchmuty High School to participate in building a F24 kit car and competing in a race meeting at East Fortune Airfield as part of the Nationwide F24 competitions.

The young people were supported to develop the kit car from design to fabrication and then testing, as well as this, they also had to produce a portfolio of their work. Youth 1st supported the young people's learning with facilitating Science, Technology, Engineering and Maths activities, which has enabled the young people to also achieve a Youth Achievement Award. This initiative was aimed at pupils that weren't engaging in education however they relished this opportunity for an alternative learning program and they displayed fantastic initiative, practical skills, problem solving and team working. This enabled them to overcome design problems, technical issues with the motor and participate in the competition in East Fortune. The competition was fierce, with teams having competed in previous events however the team done well, coming in a respectable 8th in race 1 and 10th in race 2.....and winning an award for the best portfolio





Do you need help getting around?

To anyone who feels getting around the town centres is difficult.

You do not have to be registered disabled to use the service.

New customers can register with 2 forms of ID, then undergo training and assessment before being allowed to use equipment.

We provide a friendly, welcoming service, giving support and guidance in all our equipment.

Fife Council Transportation Services provide essential funding. Our partnership with their Fife Bus service allows you to be picked up from your home and brought to any of our three services to collect your equipment.

Long Term Hire

We can also provide you with a wheelchair for a longer use if required.

(Usually up to four weeks)

These chairs can be taken anywhere and are often taken on holiday or used overnight for events. They can also be helpful for short term illness.

Our current opening times

Glenrothes Monday-Saturday 9.30am-4.30pm

Kirkcaldy Tuesday-Friday 9.30am-4 Fife Shopmobility is a local registered charity.

We offer a FREE service lending manual and powered wheelchairs and scooters for use in Glenrothes, Kirkcaldy and Dunfermline town centres.

Free, allocated parking is available in Glenrothes and Kirkcaldy

The service promotes independence for people of all ages who have a variety of mobility difficulties.

The service is available.30pm

Dunfermline Tuesday -Friday 9.30am-4.30pm

For further information phone 01592 807102 or visit our website www.shopmobilityfife.uk



Easter fun day at Steelworks Brae

The Steelworks Brae TRA decided to have an Easter Fun day to try and get the community spirit back in the area. This was a completely free event, and the group had the idea of making this a family fun day as it is still a relatively new estate, and it gives people the opportunity to come together and share their thoughts on ways to improve the area.

The funday consisted of an Easter Egg trail, facepainting, balloon making and prize games for the kids. The easter egg trail allowed the families an opportunity to go around the estate safely and speak to the new tenants who have moved in recently across the road in Steelworks Place. During the easter egg trail, the kids (and even some of the adults) had to unscramble to come up with the mystery word which would lead them to a prize! The facepainting and Balloon making were a massive hit with the community and it was amazing seeing everyone come together and the kids having a big smile on their faces!

The Residents of the Steelworks Brae group also provided a HUGE easter hamper and it was decided that every child who attended got a free raffle ticket, and the lucky winners were drawn and pictured below!

During the event there were representatives from the Tenant Participation team and FFOTRA who provided free information on how the tenants and residents can become involved with the Steelworks Brae TRA. At the end of last year, the TRA were down to a couple of members, and it was becoming more and more difficult to see the value of a TRA group in Steelworks Brae. The fun day was organised in the hope that the TRA could



attract more members to their AGM meeting which was the next day.

The AGM was a massive success with the group managing to triple in size and there is now a full committee and board, this has brought loads of new ideas and has given the group more of a community voice going forward. The group also consists of two of the youngest members of any TRA in Fife who are both well committed to seeing the group succeed, this is something the TRA are extremely proud of and always encourage more tenants and residents to join.

The TRA are hoping to plan more events in the future and have now been on a visit to Dunfermline to visit Brucefield TRA to share their experiences and gain new ideas to take back to the group





Supporting tenants into fair, sustainable jobs

Fife Council Housing Service is working with Fife's employability support service to help tenants into fair, sustainable jobs. The right job for you can provide a firm financial foundation to a more secure tenancy and a better quality of life. There are incalculable social, emotional, physical, and mental health benefits for individuals [and their families] who progress into work.

Our employability programmes include those for –

- young people 16 to 24 years of age
- all those aged over 24 years
- people with disabilities or health conditions aged 25 and over
- people with complex mental health conditions
- lone parent families through a whole family approach to employability

We are now asking our Housing Management Officers - Cowdenbeath and North east Fife initially to have a conversation with working age tenants about job challenges and aspirations. After an initial test period we will roll out across Fife. Where tenants express an interest,

a simple referral can be made on your behalf to our employability service who will be able to suggest and arrange for appropriate support. Until then, especially if you are in a different part of Fife, you can make a direct referral yourself – contact sw.ses@fife.gov.uk and ask for a referral form. It will take only a few minutes.

That support would begin with you being given a one-to-one keyworker who will help you plan an employability journey that suits your circumstances, abilities, and work goals. They can provide advice and support to help you overcome barriers, access training and work opportunities, give guidance on the impact of paid employment on welfare benefits, contact local employers on your behalf and provide on-going in-work support.

If you feel you don't need this kind of support but are ready for a job, or a new job challenge if you already working, and would like to work for Fife Council, there are lots of opportunities available (some of these are in our housing service!). Check the Fife Council jobs advert in this publication to find out more and check our current vacancies at www.fife.gov.uk/jobs

Are you experiencing challenges or barriers that are holding you back from looking for work?

Are you struggling to stay in work due to family, financial, personal or health challenges?

Would you like to learn more about services that can help you prepare for, and find, a job?

Would you like to find out more about services that can you stay and thrive at work?

fife.gov.uk/jobs

The only place for **ALL** Fife Council jobs!

Local government has variety like no other sector. And we are currently recruiting to over 150 posts across Fife.

We can offer you:

- Scottish Local Government Living Wage
- Training opportunities for career progression
- Generous paid holiday allowance
- Pension scheme
- Flexible working opportunities
- Employee discount schemes offering local and national savings
- Lifestyle benefits including childcare vouchers and cycle to work scheme.



Test for change at Maryfield Crescent

The Housing's Estates Management Team were tasked to look at Fife Councils existing fencing guidance and seek to create a standard fencing policy. To assist with this, a few "Test for Change" fencing projects are being carried out

These projects are designed to test out policy principles and incorporate important factors within the planning and consultation phases to ensure meaningful engagement with the tenants and residents of the streets involved. Another of the project aims is to develop a more streamlined working process with colleagues such as the Local Area Housing teams, Building Services Fencers, Grounds Maintenance, Mutual Owners, Tenant Participation team and external contractors.

Maryfield Crescent in Leslie is the third project to be successfully completed following Herriot Crescent, Methil and Lismore Avenue, Kirkcaldy. The work at Maryfield Crescent has highlighted the excellent collaboration within Housing Services, other Council Services and the Tenants and residents of Maryfield Crescent to ensure the completed works met tenants needs. As you can see from the pictures below it has enhanced the look of the area and given the tenants a more secure and defined look to their gardens.

The remaining sites are in the initial planning and consultation phases.

Once all projects are completed an evaluation report of the findings will be submitted to the relevant Committee.

"It's gave me better ownership of my garden" Mandy Robertson

"I have got my own garden space back and it's easier to maintain" Laura Barrett

"Given me my privacy back and its better for my dogs" Kelly Robb

"It's been great to be involved in this and see first-hand how the various Council services working together has led to the project being completed. As well as working in conjunction with the tenants and seeing how pleased they are with the new fencing" Billy Elwood, Housing Management Officer (Estates) – Project Lead



Lock Up Review Progress Report

The Housing Estates Management Team continues to progress with a review of all Lock Ups across Fife. This review looks to make best use of available budgets by demolishing the low demand, unused lock ups or those beyond economical repair and improving the condition of those remaining by using an essential maintenance approach to give tenants value for money.

Our focus, in collaboration with the Area Housing Teams and Customer Service colleagues, has continued to be on demolitions with 161 lock ups demolished in 2022/23. These demolitions were carried out across North East Fife, Levenmouth, Glenrothes, Kirkcaldy, Dunfermline and South West Fife, with Cowdenbeath prioritising a refurbishment.

Effective partnership working with Roads Design & Build within Transportation Services (RT&S), Building Services, Property Services & Grounds Maintenance Services have continued to deliver our successful demolition programme and the most recent refurbishment. Many of these demolitions, following tenant and resident consultation, have resulted in the provision of additional, much needed, car parking facilities.

Recently completed refurbishment works at Droverhall Avenue, Crossgates had been a long time coming

for tenants, having been initially delayed during the pandemic. Feedback from tenants has been positive due to the aesthetic improvement of the area, shown in the pictures below.

Below are a few before and after pictures of a few of the recent demolitions which clearly demonstrate the high standard of works achieved with aesthetic improvements to the estate and the desired car parking spaces:

Full list of demolitions carried out in 2022/23

1-21 James Robb Avenue, St Andrews

39-53 Kinloss Park, Cupar

1-3 Ormes Lane, Kennoway

7-11 Kingsdale Gardens, Kennoway

1-6 Tiree Place, Kirkcaldy

32-40 Winifred Crescent, Kirkcaldy

7-15 West Park Avenue, Glenrothes

1-10 Back Dykes, East Wemyss

5-12 & 24—32 Gilfillan Road, Dunfermline

5-8 Dunlin Avenue, Dunfermline

9-30 Blairmore Road, Kirkcaldy

9-22 Orkney Place, Kirkcaldy

9-16 Manse Road, Inverkeithing

1-18 Cairnwell Place, Kirkcaldy



1C-7C Droverhall Avenue, Crossgates



39-53 Kinloss Park, Cupar



7-15 West Park Avenue, Leslie



32-40 Winifred Crescent, Kirkcaldy

Cost of living crisis event

March this year saw FFOTRA (Fife Federation of Tenant & Residents Associations) partner up with various agencies to hold a 'Cost of Living Crisis Event' at St Bryce Church, Kirkcaldy. With the 'cost of living' increasing, in particular energy and food prices, we at FFOTRA are aware that for some, choosing to eat or heat may prevent them from heating their homes or putting a healthy meal on the table for their family.

At the event there were over a dozen organizations covering all aspects of life were on hand to listen



and offer advice to those seeking support, including Samaritans, Cosy Kingdom, Fife College, Start Scotland and Gingerbread.

It was also an opportunity to share some refreshments and meet new people and organisations. The day was very well attended, and we received extremely positive feedback from guests and agencies alike.

We would like to thank the St Bryce ladies who worked tirelessly providing amazing cakes and hot food, and the agencies, colleagues, and attendees for making the event the success it was.



Easter family fun day

FFOTRA held another successful Easter Family Fun Day at the beginning of April, and we were extremely fortunate to have the event sponsored by The National Lottery Community Fund. This event was held in Methil for the local community and, as always, the uptake was fantastic.

The children enjoyed games, rodeo bull, face painting, and a bouncy castle! Free food and drinks were provided throughout the day in a buffet style to make sure everyone had plenty of energy for the fun and games! Furthermore, a very kind anonymous donation ensured every child left happy with a lovely chocolate Easter Egg.

As always, FFOTRA is extremely grateful to all the volunteers and local businesses who donated, supported, and gave up their time to make the Fun Day such a triumph.



East Neuk Recovery Group Initiative (ENeRGI)

ENeRGI supports people in the East Neuk of Fife through a variety of projects.

Short Term Housing Support is enabling support for the purpose of promoting independent living. Short term support is delivered over a 1–6 month period.

Benefit Enquiries are completed regularly and cover a range of welfare benefits. Help includes assistance to complete application forms right through to benefit appeals.

Fuel Poverty Advice is offered in partnership with the Energy Saving Trust, Warm Homes and Greener Energy Groups. ENeRGI also provide information on renewable energy such as solar panels and air source heat pumps. They also highlight assistance available via the Scottish Government.

Food Parcels are provided to people who are unable to visit the food bank in Anstruther due to disabilities.

Drop In is exactly what it says on the tin! Referrals are not required. Drop by anytime between 10:00 and 14:00, Monday to Friday. Come in to relax, use the phone and laptop, ask for advice, speak with a support worker, or have a cuppa and a chat.

Women's Group is held on Thursdays from 11:00 to

13:00 at The Coastline Church in Pittenweem. The women who attend decide what activities they would like to do. This ranges from outings to historic areas within the East Neuk to visits to the V&A in Dundee.

Men's Group is held on Mondays from 11:00 to 13:00 and they also have their own requests which ENeRGI help facilitate. Previous outings have included crazy golf, trips, games, and work with The Men's Shed - plus much more!

Befriending is provided for people who are socially isolated. Do you have 1 - 2 hours available per week to become a volunteer befriender? We would love to hear from you! Our Befriending Co-Ordinator will be glad to tell you more.

Please contact ENeRGI for more information:

Visit: 32 East Street, St Monans, Fife KY10 2AT

Phone: 01333 730477 or 01333 730679

Email: energirecovery@btconnect.com

Website: www.energi.org.uk

Scottish Charities No: SCO24221



ENeRGI

Coronation fun

A Royal Celebration at Turriff Place.

The Turriff Place Tenants Association celebrated the coronation of King Charles with a tea party fit for a king!

The tenant's association decided to hold an event to celebrate the coronation and what better way than with a magnificent get together.

With support from Ghislaine (retirement housing officer) the tenant's association organised and invited everyone along to the event. They enjoyed a feast of sandwiches, savoury treats, and cakes along with refreshments. the lounge was fittingly decorated in the royal colours, and everyone enjoyed a royal themed quiz, bingo, and a King Charles drawing competition with prizes for the winners, making this event a great success.

Everyone had a brilliant time and enjoyed celebrating together. We think it looked like a FANTASTIC day.

Turriff place tenants' association have been running for a short time, however within this time they have been looking at ideas and projects to fund, improve and enhance Turriff place for all.

Everyone is looking forward to the next celebration at Turriff Place!



Coronation Celebrations at Allan Court Tenants Association.

Allan Court Tenants enjoyed a get together in their lounge to celebrate the Kings coronation. Everyone enjoyed some light refreshments and food along with each other's company. You can see from the picture a great time was had by all and everyone got into the spirit of the celebration.



Linktown Coronation

Monday Night Linktown Youth Club held a wee coronation Tea Party, it was well attended and a great time had by all ages.

Massive thank you to Samantha Kay – Morrisons champion for kindly gifting us Bunting, Balloons and table decorations.

Really was appreciated.

Thank you so much , you all do so much for the kids I cant thank you enough.

Thank You – My Two kids enjoyed themselves so much XX



Fife Deaf Club

Fife deaf club hold various events including:

Tuesdays: Bingo, cuppa and chat 12-5

Thursdays: Dominos, carpet bowls, darts & pool
18:00-22:00

Saturdays: Bingo (adults only) 18:00-23:00

Sundays: family day: Arts & crafts, games parties
and days out 13:00-16:00

Venue: Wemyssfield House, Wemyssfield, Kirkcaldy
KY1 1XN (near the Kirkcaldy town house, behind
the old Kitty's nightclub)

**Family day is just £2per adult (£1 for members),
kids go free.**

There is a good mix of hearing/deaf and partially deaf members so it's a fantastic opportunity to meet and make new friends. There's always plenty for the kids to do with toy's/crafts and computer access and there's even a wee tuck shop.

If you or a family member has hearing loss or even if you just want to learn more about the deaf community and make new friends, you will not find a more welcoming group.

Email: Fifedeafclub237@hotmail.com

Tel: 07393579601

Facebook page: link: <https://www.facebook.com/groups/117812895511894/>





Colouring in Why not colour in our Summer scene?

Win
£30 of
high street
vouchers!



Spring winners are:

Wordsearch- Avril Roberston,
Kirkcaldy.
Colouring Competition- Lochlan
Pike, Aged 7, Send photo.
Where's Pheobe- Michelle
Brown, Dunfermline
Richard Gilmour,
Auchmuty

Win
£30 of

Where's Dave?

Do you know where Dave is?

If so, email the answer to the address opposite for a chance to win a £30 high street voucher, remembering to include your contact details.



Win
£30 of
high street
vouchers!

SUMMER FUN



Word Search Puzzle

W	A	T	E	R	P	A	R	K	V	A	C	A	T	I	O	N
F	R	I	E	N	D	S	W	S	T	Z	G	H	N	A	I	G
T	S	A	Z	Q	P	A	B	Q	C	N	P	N	M	D	C	S
E	W	O	N	C	H	I	I	Y	I	A	S	U	R	X	E	N
B	I	C	Y	C	L	E	C	P	C	R	Y	O	Z	M	C	F
O	M	P	W	I	Z	J	M	N	E	F	J	A	A	P	R	R
U	M	E	I	F	M	A	T	L	I	U	I	G	M	O	E	I
T	I	H	G	A	C	O	K	X	C	C	B	S	N	P	A	S
D	N	N	J	X	O	N	P	S	M	B	K	E	H	S	M	B
O	G	W	V	F	I	I	P	X	D	R	T	R	A	I	X	E
O	O	U	E	R	R	O	C	O	O	K	O	U	T	C	N	E
R	A	R	P	T	L	F	U	W	S	S	C	V	Q	L	H	G
S	A	S	D	F	O	L	E	M	O	N	A	D	E	E	T	A
B	A	A	P	E	Q	R	S	U	N	S	H	I	N	E	M	N
W	O	I	F	A	I	R	G	R	O	U	N	D	P	X	B	M
R	L	W	N	F	E	K	N	B	A	S	E	B	A	L	L	X
F	B	B	M	Y	P	M	V	T	D	G	I	S	W	O	R	V

Return postal entries to **Tenant Participation Team, Kirkcaldy Customer Service Centre, Town House, 2 Wemyssfield, Kirkcaldy, KY1 1XW** or scan or take a photo and email it to **tenantparticipation@fife.gov.uk** Remember to include your name, address and contact phone number, competitions close at **5pm on Friday 28th July 2023.**

Name _____
Address _____

Postcode _____



- | | | |
|------------|------------|------------|
| BAREFOOT | FISHING | PICNIC |
| BASEBALL | FLIP FLOPS | POPSICLE |
| BEACH | FRIENDS | ROAD TRIP |
| BICYCLE | FRISBEE | SPRINKLERS |
| CAMPING | GAMES | SUNSHINE |
| COOKOUT | ICE CREAM | SWIMMING |
| FAIRGROUND | LEMONADE | VACATION |
| FIREWORKS | OUTDOORS | WATER PARK |



Tenant Participation News Bulletin

Would you like to be involved with Tenant Participation?

There are many Tenants and Residents Associations set up throughout Fife working together to improve their communities and make sure everyone has a way of expressing their opinions.

We would love to hear your views and suggestions on what you think would make a difference to your housing area and community.

Perhaps you are already part of a Tenants and Residents Association or maybe you are interested in joining. If so, please contact the Tenant Participation Officer (TPO) for your area, we would love to speak with you and be thrilled to have you on board.

We can offer advice and support on booking meeting venues, publicising your meetings, the setting up of a committee along with inviting council officials to make sure your voice is heard on the issues that matter to you. Training can also be provided for any positions such as chairperson, secretary, or treasurer along with committee member positions.

If this is something you would like to hear more about or would like to discuss being involved, please contact the TP team.

We would love to hear from you!

Cowdenbeath - Julie McDougall
– Julie.McDougall@fife.gov.uk -
07718 422471

Dunfermline - Rab Clark – Rab.
Clark@fife.gov.uk - 07525 392637

Glenrothes – Ross Cameron –
Ross.Cameron-hsng@fife.gov.uk
– 07860 756810

Kirkcaldy – Julie McDougall - Julie
McDougall – Julie.McDougall@
fife.gov.uk - 07718 422471

North East Fife - Colin Whyte –
Colin.Whyte@fife.gov.uk – 07525
392728

Levenmouth - Ross Cameron –
Ross.Cameron-hsng@fife.gov.uk
– 07860 756810

South West Fife - Rab Clark – Rab.
Clark@fife.gov.uk - 07525 392637



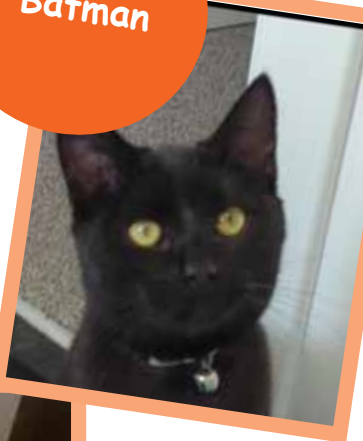
Archie, Millie & Angel

Millie's mates

I'm Millie look at all my new furriends!

If you would like your pet to feature on 'Millie's Mates', please email tenantparticipation@fife.gov.uk

Batman



Barney and Lewis



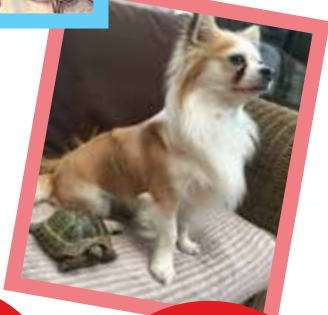
Coco



Flynn



Harry and Kylo



Frank (tortoise) and Jake



Esme

Glenrothes duck family



Nova

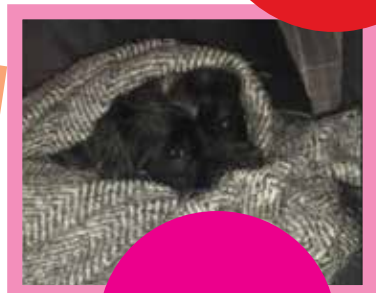


Poppy

Oreo



Poppy from Crossgates



Sadie



Mrs Doyle's Kitchen features amazingly tasty recipes for the whole family. Check out this seasons delicious and easy ideas...



Chicken kebab skewers

You will need: -

- Pack of boneless chicken breast or thighs cut into chunk size pieces
- 2 tablespoons of soy sauce
- 2 tablespoons of olive oil
- 1 tablespoon of dried oregano
- 2 garlic cloves (minced)
- Half a lemon (juiced)
- 3 peppers, red, yellow, and green. Chop into medium pieces
- 2 onions, chopped into chunk size pieces
- skewers (wooden or metal)

Let's make: -

1. Mix the chicken chunks in a large bowl adding in the soy sauce and olive oil.
2. add the garlic, lemon juice and dried oregano then mix well.
3. Cover the bowl fully and refrigerate for between 2 to 24 hours (maximum)
4. Preheat the grill to medium-high heat. Add the chicken, onions, and peppers onto the skewers.
5. Cook for approximately 14 minutes turning halfway through, until the chicken is cooked thoroughly.
6. Serve alone or with fresh salad – enjoy!

Old School Tray Bake

You will need -:

- 250g of sugar
- 250g softened butter (room temperature)
- 250g self-raising flour
- 4 eggs
- 1 tablespoon milk
- 1 teaspoon vanilla essence
- 300g of icing sugar
- Sprinkles

Let's make: -

1. Pre-heat your oven to 180 degrees or 160 degrees for fan assisted ovens.
 2. Mix the butter and sugar until smooth.
 3. Mix in the eggs (one at a time)
 4. Slowly add in the flour to create a smooth cake like batter.
 5. Finally stir in the milk and vanilla essence.
 6. Transfer the mixture to a grease or lined proof baking tray and cook for around 25-30 minutes until golden.
 7. Allow the cake to cool fully
 8. When the cake is cool combine the icing sugar with warm water a tablespoon at a time until it is thick but still runny paste.
 9. Spread the icing over the cake and finish with sprinkles.
 10. Allow the icing to set before cutting and serving.
- Enjoy!





Want to make a difference? We're hiring.

There are over 370,000 people living in Fife. And we are responsible for delivering public services to every one of them. It can be challenging. And rewarding. But the best bit about it is seeing your contribution make a difference right here, in communities across Fife.

Our workforce makes a difference in all sorts of ways. They care for our elderly, inspire youngsters in the classroom, keep our parks well maintained, fill potholes, and help secure housing for homeless families. They empty bins, cook school dinners, answer emergency calls on our community alarms line, support businesses to expand and boost the local economy.

We have a variety of contract options including part time, term time and full time and, in some cases, varied and flexible shift patterns too.



You can view current vacancies and sign up for job alerts at:

www.fife.gov.uk/jobs

Follow us at:  FifeCouncilJobs  FCJobsOfficial

