



Role Profile

REHABILITATION CARE ASSISTANT

Reference No.	A4128	Type	Individual
Service	Health & Social Care, Older People		
Job Family	Care 4	Grade	FC5

Purpose

To assist the multi-disciplinary, multi-agency Integrated Response Team to facilitate the prevention of admission to hospital and the supported discharge home following hospital admission by continuing with prescribed rehabilitation tasks, assistance with mobility, self-care and any other duties required of a rehabilitation care assistant as delegated by the professional team members

Task or Responsibility - For this role, there is an expectation that all, or a combination, of the following will be undertaken:

Person Specification: Skills, Knowledge, Qualifications or Experience - Criteria can apply to more than one task or responsibility

E **D**

Facilitating progressive return to activities of daily living and overseeing a continuing rehabilitation programme whilst working within Health and Safety Regulations, ensuring personal and service users' safety.

To ensure you achieve registration with SSSC as a **Support Worker in a Care at Home Service** within 6 months of starting in a new role, you must apply to register within 3 months of your start date.

To maintain your registration, you must hold or work toward the SSSC benchmark qualification for the role. This includes SVQ Social Services and Healthcare at SCQF level 7. The benchmark qualifications are listed here <https://www.sssc.uk.com/registration/help-with-register-parts-fees-and-qualifications/>

If you do not currently hold a benchmark qualification, your registration will be granted subject to the condition

✓

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	that you achieve the required qualification within your first period of registration. Ability to provide a regular and effective service Knowledge of National Care Standards Experience in working in a care setting	 ✓ ✓ ✓	
Assisting/facilitating/supervising service user mobility both indoors and outdoors, with due consideration for disabilities and use of appropriate equipment.	Moving & Handling accreditation		✓
Supervising service users in hospital, community or home environments, under the direct instruction of a professionally qualified member of the team.	Knowledge of rehabilitation techniques		✓
Ensuring the service user is able to maintain personal hygiene, assisting with washing, dressing and when necessary enabling them to shower, bathe or toilet, maintaining dignity and trust.	Empathy skills Knowledge and understanding of the importance of service users wishes and dignity Motivational skills	✓ ✓ ✓	
Assisting or educating a carer or partner in the completion of domestic, personal care or rehabilitation tasks.	Caring skills	✓	
Undertaking limited domestic tasks in the patient's home, including vacuuming, laundry and preparation of meals.	Ability to undertake the physical requirements associated with the job Time management skills	✓ ✓	
Communicating significant status changes of service users to professional team members or members of the multidisciplinary team.	Communication skills Team working skills	✓ ✓	

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Recording and maintaining service user information factually, ensuring confidentiality in line with departmental procedure.	Accuracy skills	✓	
Contributing to the maintenance of service user documentation, records and statistical information.	IT skills	✓	
Supporting service users at times of distress, anxiety and confusion.			
Handling cash or processing financial documents.			
Undertaking all other duties as required for the role. Duties will be in line with the grade.			

Additional tasks or responsibilities – this is a generic role, however this particular job may also require you to undertake the following:			
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Job Title of Specialist tasks			

Type of Protection of Vulnerable Groups Scheme (PVG Scheme) or Disclosure Check required
Before confirming appointment: You may be required to obtain PVG scheme membership or a Disclosure check. Please refer to the job advert for clarification of the specific requirement.

Additional Information – the following information is available:

- Skills Framework (if applicable)
- **How** we work matters

Expected Behaviours

Every council employee is expected to lead the way by making decisions and behaving in ways that uphold our community commitments and values.

Please refer to How We Work Matters Guidance to learn more.