

WEEK 1

LUNCH MENU

ALL MAIN COURSES COME WITH HOT VEG &
EITHER VEGGIE BATONS OR SOUP OF THE DAY

Monday

Lentil Soup (VE)

CREAMY VEGETABLE CURRY (V)

SERVED WITH RICE (VE) AND GARLIC BREAD (VE)

OR

CREAMY CHICKEN CURRY

SERVED WITH RICE AND GARLIC BREAD

BROCCOLI SIDE (VE)

Reduced-Sugar & Fat Vanilla Ice Cream (V)

Tuesday

Vegetable Soup (VE)

BEEF BURGER IN A BUN

SERVED WITH CHIPS

OR

VEGGIE BURGER IN A BUN (V)

SERVED WITH CHIPS (VE)

SWEETCORN SIDE (VE)

Raspberry Jelly with Fresh Fruit (VE)

GRAB AND GO

- VARIETY OF FILLED BREADS & PANINIS
- FILLED BAKED POTATOES
- PASTA POTS
- PIZZA
- PIZZINI
- PLATED SALAD AND MUCH MORE

AVAILABLE DAILY

Wednesday

Tomato Soup (VE)

ITALIAN TOMATO SAUCE & PASTA (VE)

SERVED WITH GARLIC BREAD (VE)

OR

ITALIAN CHICKEN MEATBALLS & PASTA

SERVED WITH GARLIC BREAD

GARDEN PEAS SIDE (VE)

Fresh Fruit Salad (with Seasonal Fruit) (VE)

Thursday

Vegetable Soup (VE)

ROAST CHICKEN IN GRAVY

SERVED WITH YORKSHIRE PUDDING AND OVEN ROASTED HERBY DICED POTATOES

OR

ROAST QUORN FILLET IN GRAVY (VE)

SERVED WITH YORKSHIRE PUDDING (V) & OVEN ROASTED HERBY DICED POTATOES (VE)

SPRING CABBAGE SIDE (VE)

Jamie Biscuit (V)

Friday

Lentil Soup (VE)

BEEF CHILLI OR VEGETABLE CHILLI (VE)

SERVED WITH RICE (VE) OR PASTA (VE)

OR

FISH FINGERS OR SCOTTISH BREADED HADDOCK

SERVED WITH CHIPS

GARDEN PEAS SIDE (VE)

Golden Syrup Flapjack (VE)



Fife
COUNCIL