



I've been invited to an Adult Case Conference. What's that?



It's a meeting for you about the harm that has happened.

Everyone at the meeting will agree how to stop the harm and keep you safe.



Who will be at the meeting?

You will be at the meeting.

There will be people who know you well.



There will be people from organisations who can support and protect you.



Will the person who has harmed me be at any of the meetings?

No. If we know who has harmed you, they will not be invited.



Will I have to talk about what has happened to me?

No, not if you don't want to.

You do not have to answer questions.

But it would help to know what you think.



What if I don't want to go to a meeting?

You don't have to go.



But you should make sure that your views are heard at the meeting.

An advocate could help you with this.



You could also write down your views and Social Work could read it out at the meeting.



It is important that people at the meeting know what you want to happen.



How will I find out what has happened at the meeting if I don't go?

You will get a copy of the notes of the meeting.

This is called 'the minutes'.



This is a report which tells you what has happened at the meeting.



The minutes help everyone remember what they have agreed to do to support you.



Social Work will also talk about the meeting with you.



Who can I get in touch with if I have any questions about what is happening?

You should ask Social Work, your Advocate or the person who is supporting you at meetings.



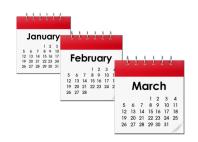
Who will know what has happened to me?

The people at the meeting and the people who have agreed to help keep you safe.



What happens next?

Social work will keep in touch.



There will be another meeting in 3 months' time to check that:



- the plan is working
- you are safe
- the harm is not happening anymore.



This is called a Review Case Conference.



You don't need to wait till the review if the harm has started again.

Tell Social Work or someone who knows the plan so you can get more support quickly.