Mexican Bean Soup





Ingredients

1 tbsp oil 1 onion, peeled and finely chopped 225g tinned tomatoes 225g beans in spicy sauce 1 small red pepper, washed, deseeded and chopped 1 small bag plain tortilla chips 20g cheese, grated

Method

- 1. Heat the oil in a pan, then add the onion and pepper and fry until soft and starting to brown.
- 2. Add the beans and tomatoes, stir and simmer for 15 minutes.
- 3. Serve with tortilla chips and grated cheese.

Submitted by Margaret Gemmill, Fife Food Champion.

