

**All Committee meetings were cancelled with effect from  
23<sup>rd</sup> March 2020 due to the COVID-19 emergency.**

**The recommendations in this report were approved by an Executive  
Director of the Council, acting under delegated authority in terms of  
paragraph 2.1.1 of the Council's List of Officer Powers.**

25<sup>th</sup> March 2020 (CANCELLED)

*Approved by Executive Director, Communities – 25<sup>th</sup> March 2020*

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## **North East Fife Area Anti-Poverty Fund – Reporting on 2019/20 Spend and Request for Approval of 2020/21 areas of spending**

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Report by: Paul Vaughan, Head of Communities and Neighbourhoods Service

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Wards Affected: All

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### **Purpose**

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Reporting on the spending of the Anti-Poverty Funds 2019/20.

To seek approval of members for the spend of the £135,000 of the North East Fife Anti-Poverty funding 2020/21.

### **Recommendation(s)**

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That Committee:

1. Note the actual spend of the 2019/20 budget and outcomes achieved – NEF Anti-Poverty Fund Action Plan attached (Appendix 1)
2. Approve the spending of the funding across the identified areas of work outlined in the report
3. Note the continued targeting of spend on discretionary payments for bus travel, white goods and furniture and emergency fuel top ups to address the needs that current welfare reforms are creating
4. Note the spend on the Development Officer (Community Planning ) from Anti-Poverty funds to tackle food insecurity and transportation issues in NEF

### **Resource Implications**

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The Anti-Poverty budget for North East Fife for 2019/20 is £135,000.

### **Legal & Risk Implications**

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There are no legal implications. There is a risk that taking no action to address the impact of poverty will result in poorer outcomes for residents in the North East Fife area.

### **Impact Assessment**

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An EqlA is not required because the report does not propose a change or revision to existing policies or practices. Any projects or initiatives undertaken in supporting the anti-poverty work will carry out EqlAs where appropriate.

## Consultation

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Members of the North East Fife Anti-Poverty partnership have been fully involved in considering the evaluation of current projects and proposing the actions in this report. The membership includes:-

- East Home Start , Fife Council Family Support ,Fife Young Carers ,Families First, Cupar,East Neuk,St Andrews and Tay Bridgehead Foodbanks, NHS Fife Health Improvement , Families Support, Castle Furniture, Fife Forum, Fife Council Childcare Services, St Andrews Environmental Network, Department of Work & Pensions, Citizens Advice & Rights Fife, Fife Voluntary Action, Fife Council Housing Services, Social Work and Communities and Neighbourhoods.

## 1.0 Background

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- 1.1 An amount of £135,000 has been devolved to North East Fife for Anti-Poverty work in 2020-21.
- 1.2 At its meeting on 20<sup>th</sup> March 2019 the Area Committee gave delegated powers to continue work across the themes identified in the action plan including the targeting of funding on discretionary payments for bus travel in emergency situations and emergency food and fuel payments.
- 1.3 This forward planning ensured discretionary payments could be made to help tackle the issue of waiting periods before Universal Credit is paid (sometimes for as long as an 8 week period) and the impact of deductions made from benefit that can be taken for arrears and debts which frequently leaves people with 30 % below UC benefit levels. People are supported to apply for payments from the Scottish Welfare Fund but there are an increasing number of cases where people are not eligible for help or require more financial help to cover these circumstances. The impact of the Benefit Cap ( the limit on the total amount of benefit those aged 16 to 64 can get ) being extended to cover not just the housing costs but total level of benefit,has also led to an increase in the number of people who find themselves needing this type of support. In terms of the benefit cap this is impacting on families with 3 or more children the most. The losses for this group are considerable and often over £50 per month.
- 1.4 In 2019/20 the discretionary payments made by Welfare Support Workers to individuals amounted to £7000 benefitting around 215 people with an average payment of just over £32. These payments have been used for bus travel costs and food.
- 1.5 We partner with Fife Voluntary Action to offer help for one off higher value awards for people setting up home and other emergency situations . They have administered payments of £5000 to 45 clients from 13 referring agencies. The majority of the spend at nearly £4500 is for white goods, furniture and fuel top ups. This averages to just over £100 per payment.
- 1.6 Feedback from those benefitting from discretionary payments :  
*“I have bipolar and was going through a bad time both financially and mentally. The help and advice received got me through this. It is the first time I have ever needed or received this type of help. I am 56 and have raised 6 children so feel now I am glad I was confident enough to ask for a little help.”*

*“ I wouldn’t have been able to have to get to my appointment for Employment Support Allowance ESA assessment which was on a Sunday morning in Dundee at 9 am . I hadn’t got the £8.30 bus fare and had to get there.”*

*“I have been able to visit my Mum in hospital in Dunfermline – I wouldn’t have got this bus fare back as I was not the person with an appointment at the hospital. There is no help for relative visiting patients in hospital. ”*

- 1.7 The Anti Poverty Group is able to identify emerging need and trends and act quickly to ensure staff and those impacted by changes, have up to date information and are well equipped to be able to cope and informed . The group plans and delivers responses often contributing case studies and to briefings that the Council develops and national bodies such as COSLA and Child Poverty Action Plan collect and note.
- 1.8 The Anti Poverty group promotes a greater understanding of people’s individual circumstances by sharing case studies and through this they are able to ensure as many workers and agencies can signpost and refer to specialised help as possible. In the last 12 months links have been made with community midwives and staff have provided briefings at social work team meetings in order to connect and inform the widest possible group of people who are in contact with those impacted by welfare changes. The Anti Poverty Group has had briefings directly from the Department of Works and Pensions (DWP) and from the staff at Social Security Scotland.
- 1.9 A crisis tool is being developed to help aid this further and training is to continue to be offered on mental health first aid and poverty awareness. In Cupar a mental health action group is mapping all provision and identifying gaps. There is a significant increase noted by all agencies of the mental health pressures people are facing due to recent benefit changes and the social prescribing project again in Cupar is helping provide additional help to those with mild to moderate mental health issues. There have been 60 people referred to this part time provision – 42 females and 18 males .Comments have included,

*“Having just someone to talk to has made all the difference “*

*“Having the confidence to go to adult education classes has really helped me move on “*

- 1.10 There has been a focus on raising the capacity of communities to respond to needs they are identifying in their area and the creation of the Development Officer (Community Planning) post and the associated challenge fund for both transport and food insecurity work, will help support communities to take forward projects quickly. Access to services remains a challenge in NEF . The latest SIMD data has shown an increase in the number of people who are deemed access deprived. This means people are travelling further to access basic services such as a GP, chemist, school or shop. This raised from 37% to 41.7 % between 2016 and 2020.

The development trusts, community councils and community centres are able to respond to the identified need and this worker will work closely with these organisations and the community centres across North East Fife to find local solutions .

- 1.11 At the Anti-Poverty meeting of the 24<sup>th</sup> January 2020 the partners discussed the issues facing people living in poverty in North East Fife and came up with the priorities below for work for 2020/21:

- Ensuring delivery of mitigation measures and monitoring of the impact of welfare changes to include rolling out further training on poverty awareness and mental health first aid and collecting case studies
- Development of a local crisis tool to help agencies and services signpost and get specialised help to those needing it
- Continuing the Discretionary Fund payments budget as they are often a lifeline to those in crisis
- Feeding families during holidays and building on the success of Café Inc initiative
- Extension of provision addressing holiday hunger to include older young people 11- 18 year olds
- Support for the Toy Drive
- Support for initiatives addressing fuel poverty
- Addressing social isolation and ensuring families are able to have days out and extending this to include funding for trips for job club users who also have few opportunities for days out due to low income
- Support for young people to have chances to access training locally and group work supporting them into employment
- Funding to support befriending and support for those experiencing mental health issues

## 2.0 Recommended Areas of Work 2020/2021

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2.1 All allocations are notional amounts which will be finalised based on the evaluations of initiatives 2019/20 and evidence of need in NEF:

- **Fuel Poverty £10,000**  
 Back on Track **£3000** – project targets private rented and owner occupied households who are in fuel poverty. This work is provided by Cosy Kingdom Energy Advisors and is in addition to the support provided for council housing tenants  
 Healthy Homes **£7000** – Continuing buying and distributing goods to help with fuel poverty such as curtains, drying clothes airers, LED light bulbs.
- **Holiday Activities Fund £15,500** – Holiday activities for targeted young people and families including healthy food where possible and targeted to those potentially in crisis over the school holidays.
- **Young Peoples' Employability Opportunities £5000** – Training and cost of accessing training for young people across NEF
- **Food Insecurity £17,000**  
 Young People **£2000** Work to support 11- 18 year olds holiday hunger  
 Funding for food insecurity and transportation work **£15,000** – start up costs of additional community fridges, meals and larder bulk buy initiatives
- **Christmas Provision £3000** – support for homeless, vulnerable and elderly. Work with third sector to provide meals and opportunities for company over Xmas. Includes support for the Social Work annual toy drive.

- **Discretionary Fund £25,000** – provides what referring agencies assess can't be provided elsewhere and is necessary for our most vulnerable and disadvantaged individuals and families to help them out of crisis
- **Project Staff £41,500** – Ongoing staffing costs are not provided from this fund but staff costs can be funded in order to kick start new work in the area or help to be able to pilot work that can then seek other funding. Funding for staff posts for a further 12 months is sought by  
Homestart **£5000** to continue work with helping those impacted by the Benefit Cap  
Fife Young Carers **£9722** and the  
Development Officer post **£26,778** (Community Planning ) for advancing food insecurity and transportation issues.
- **Befriending £15,000** Funds for taking forward befriending and support for those experiencing mental health issues.

**Total £135 000**

## 3.0 Conclusions

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- 3.1 The recommendation is to deliver the projects listed above and to continue monitoring the progress and evaluation of the work with the Anti-Poverty Group. The group is made up of the partners who work with those who receive the support and we are able to offer and have witnessed the immediate and longer term results of the interventions.

### List of Appendices

Appendix 1 - Anti-Poverty Action Plan for 2018-19

### Report Contacts:

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# Anti-Poverty Action Plan 2019/20

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
<b>A41789.S30011</b> Support for Families affected by Welfare Reform	Homestart Fife	£5,000.00	£5,000.00	To engage and support families with children under 8 years old who are being impacted by the current welfare reforms – benefit cap, changes to disability benefits and introduction of Universal Credit in NEF; using existing Home-Start East Fife networks to reach out to these families and build relationships with them through home visits and group work as appropriate. The aim is to widen the existing reach of the work undertaken by Home-Start East Fife and build new networks in the community which lead to engaging and offering support for this hard to reach group. Home-Start East Fife staff will attend the job clubs on a monthly basis to offer support to families as required.	<ul style="list-style-type: none"> <li>Reduce the social isolation of identified families and increase their ability to take actions to keep their existing benefits.</li> <li>Ensure that they are getting all the benefits and support from other avenues to keep a level of income needed to support their families.</li> <li>Provide a safe space and supportive environment for peer to peer support to be developed and supportive networks to be established</li> </ul>	We have been in attendance at 13 Job Clubs (Cupar and Anstruther) in order to offer support as required. Home visits are arranged for families subject to benefit cap to give ongoing support as there is often no quick solution to the benefit cap and income reduction as parents are not always able to start or increase work due to family responsibilities which are exacerbated by the lack of affordable childcare in the area.
<b>A41789.S30012</b> Fife Young Carers - NEF Project	Fife Young Carers	£9,722.00	£9,722.00	This project aims to ensure that the most vulnerable Young Carers in North East Fife are recognised, supported and heard. <ol style="list-style-type: none"> <li>To reduce waiting time for Young Carers in NEF by providing extra staff time.</li> <li>Support the Mental Health Youth Workers.</li> </ol>	Reduction in waiting times for young people accessing support in North East Fife	31 young carers ages 8-25 years living in North East Fife have been supported as a result of the funding. They have accessed group sessions, respite opportunities and one-to-one support. This funding has allowed for support in schools – such as individual study sessions and drop-in lunch time support. We have provided support to young adult carers aged 16-25 ensuring that the particular needs of this age group are met. Such as – housing support, accessing further education, and employability.
<b>A41789.S30013</b> Kinship Events	Fife Council, Children &	£1,350.00	£1,350.00	Provide Holiday Activities free for Kinship Carers in NEF. There will be one event to Craigtoun Park, St	These events are very beneficial to our carers and the children. They provide events that they would not normally be able to attend and gives	Craigtoun Country Park – 250 carers and children attended. Christmas Parties – 600 carers and children attended.

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
	Families, Kinship Care			Andrews. Three Christmas parties were organised throughout Fife.	the carers time to relax with their peers and be offered emotional support and increases their social circles. At all the events food, drinks and activities are provided.	
<b>A41789.S30014</b>		<b>£3,500.00</b>				
<b>Christmas Provision</b>						
Toy Drive	Fife Council, Children & Families & Criminal Justice Services		£3,000.00	The toy drive provides children in need across North East Fife with gifts at Christmas including a book, stocking filler present, main present and a selection box.	Reaching 200 most in need families and 400 children.	REFERRALS FOR:                      TOTAL Families                                      212 * Children                                      490 ** Girls    234 Boys    256 ** Donations of gifts were also made on a larger scale directly to: Kilmaron School, Women's Aid and Social Work Contact Room ** children were referred last minute without referral forms AREAS COVERED:-  Anstruther                      41 Families/ 94 Children Auchtermuchty                      4 Families/ 8 Children Cupar                                      42 Families/ 98 Children Dairsie                                      1 Family/ 2 Children Guardbridge                      5 Families/ 14 Children Kingsbarns                      1 Family/ 1 Child Kettlebridge & Kingskettle                      6 Families/ 13 Children Ladybank                                      9 Families/ 19 Children Largoward                                      4 Families/ 9 Children Lower Largo                                      4 Families/ 8 Children Letham                                      2 Family/ 5 Children Leuchars                                      9 Families/ 30 Children Lundin Links                                      2 Families/ 3 Children Newburgh                                      7 Families/ 14 Children Newport                                      3 Families/ 8 Children Springfield                                      8 Families/ 15 Children St Andrews                                      35 Families/ 85 Children Strathmiglo                                      1 Family/ 3 Children Tayport                                      17 Families/ 36 Children Wormit                                      3 Families/ 6 Children
Community Job Clubs	Fife Council, Communities & Neighbourhoods		£500.00	To reduce social isolation during the Christmas period. Show Volunteers and participants that they are valued.	<ul style="list-style-type: none"> <li>Reach as many participants during this period.</li> </ul>	There have been 324 participants from 1st April 2019 to date (30/01/19). 136 of those being female and 187 being male. The range of ages who attend have



Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
					<ul style="list-style-type: none"> <li>• Give out a gift and card to everyone who attends.</li> <li>• Have a buffet/food at every job club.</li> <li>• Provide a present and card for the volunteers to show our appreciation.</li> </ul>	<p>spread out more, they tended to be more from the 41-50 and 51-54 year olds.</p> <p>Under 18 - 2 female 3 male  18-19 - 6 male  20-24 - 9 female 12 male  25-40 - 33 female 43 male  41-50 - 33 female 34 male  51-54 - 22 female 24 male  55-64 - 33 female 58 male  65+ - 5 female 8 male</p> <p>This service has helped to prevent people moving further into poverty. Many of them feeling more supported with over 80% of those surveyed said it had improved their wellbeing. The £500 at Christmas has specifically supported around 70 participants enjoy a Xmas event with food at their local community job club and receive a calendar.</p>
<b>A41789.S30015 Holiday Activities</b>		<b>£8,624.86</b>				
Family Outing to Edinburgh Zoo	Families First St Andrews		£1,786.00	<ol style="list-style-type: none"> <li>1. To strengthen the social and emotional development in children, young people and adults.</li> <li>2. Provide a day out giving families a chance to spend time and have fun together, thus creating lasting memories with each other.</li> </ol>	<p>The project outcomes for the families will be: -</p> <ul style="list-style-type: none"> <li>• An increased opportunity for new experiences.</li> <li>• Reduced isolation.</li> <li>• A reduction in stress and difficulties.</li> </ul>	<p>On 16 October 2019 the following people attended:</p> <ul style="list-style-type: none"> <li>• 28 out of 29 families attended who said they were coming.</li> <li>• 47 adults</li> <li>• 65 children</li> <li>• Total 112 people</li> <li>• 5 staff and 3 volunteers. 4 on each bus.</li> </ul> <p>In summary the family outing was very successful. This year we had a larger acceptance rate than we anticipated. So we were able to involve more people with feedback.</p>

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
Impact Summer Holiday Club	Impact St Andrews		£800.00	We aim to provide a fun and nurturing environment involving crafts, drama, sport and healthy snacks alongside inspirational teaching to help equip the children as they prepare to start back at school. This is held in Cannongate Primary school	<ul style="list-style-type: none"> <li>Primary aged children well prepared for return to school.</li> <li>Improvement in the emotional and social well-being of these children. 3. Teenagers benefiting from learning to work as a team and growing in skills competencies while developing a healthy self-esteem.</li> </ul>	109 Children (and their families) who either live in St Andrews or attend Primary Schools and 11 Teenagers who were junior leaders (and their families) who either live in St Andrews or attend Secondary Schools there, have benefited from this. Children from low income families have been able to access free holiday activities. These activities have also promoted healthy well-being and boosted self-esteem.
Newburgh Family Cycling	Fife Council, Communities & Neighbourhoods, NEF -		£870.00	<ol style="list-style-type: none"> <li>Increase opportunities for positive holiday activities for families and job seekers. Develop uptake of outdoor activities.</li> <li>Promote CLD activity and services, particularly for adults in poverty.</li> <li>Reduce social isolation.</li> <li>Engage 'hard to reach' young people and families.</li> <li>Provide volunteering opportunities that offer real world work experiences and links.</li> </ol>	<ul style="list-style-type: none"> <li>Increase the visibility and relevance of CLD in Newburgh.</li> <li>Create links to 19/20 programme promoting Newburgh as a cycle friendly place.</li> <li>Develop uptake of outdoor learning activities.</li> </ul>	5 days with 15 participants – young people & adult job seekers became volunteer mechanics. This has enabled the start-up of the Cycle Friendly Community Initiative.
Summer Fun for Children	The Dino After School Club		£2,000.00	<ol style="list-style-type: none"> <li>To provide a wide range of social and educational opportunities through summer trips to parents and children from Newburgh / Dunbog who may be suffering the effects of low income / poverty</li> <li>To provide a number of secure and safe activities for children to participate in.</li> <li>To raise awareness of Dino Out of school activities to parents from Dunbog who do not have an out of school provision.</li> </ol>	<ul style="list-style-type: none"> <li>Raise awareness to Dunbog parents of the Dino Services and how they can access them.</li> <li>To attract children to the Dino from families who may be suffering hardship due to the school holidays.</li> <li>Increase the numbers of families working / volunteering / seeking further education through providing an affordable childcare service.</li> </ul>	<p>Number of families who accessed summer trips: 47</p> <p>Number of children who participated in trips 62</p> <p>Numbers who accessed service who live out with Newburgh 16</p> <p>Trip programme: Auchengarrich Wildlife Centre 33, Blair Drummond Safari Park 35, Craigtoun Park 33, Five Sisters Zoo 31.</p> <ul style="list-style-type: none"> <li>Trips were offered and taken up by families who were on low incomes.</li> <li>Parents and carers were able to</li> </ul>

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
					<ul style="list-style-type: none"> <li>Increase the numbers of families who may be suffering hardship in accessing the Dino.</li> </ul>	<p>pursue employment and training opportunities knowing their children were happy and safe.</p> <ul style="list-style-type: none"> <li>Children accessed new experiences out with Newburgh which many parents could otherwise not of afforded to do on their own.</li> <li>Dino services were promoted to areas out with Newburgh.</li> <li>Attendance on average up 50% on last year.</li> </ul>
Food & Fun Summer Holidays	Fife Council, Communities and Neighbourhoods -		£1,000.00	Provide Fun Activities and food for families who receive free school meals across North East Fife.	To reduce social isolation for families throughout the summer holidays. To engage children in positive experiences throughout the summer holidays. To ensure that families who receive a free school meal are getting access to healthy food.	Purchase of equipment, toys and arts and crafts activities
Holiday Clubs	Rio Centre Newport On Tay		£300.00	Our aim is to supply a meal after the holiday activities so that we make sure that the families and young people have at least one meal a day and enjoy interacting through the meal with there peers.	The outcome of the holiday clubs is to help with social involvement and healthy activities, coming together to exercise and have fun, also with science workshops it is bringing in STEM. We did the walk on the beach project with the Royal Society of Chemistry, which we intend to adapt.	<p>July 2019 - 239 Children &amp; 152 Adults attended the young people's clubs with snacks and light lunches for everyone.</p> <p>October 2019 - 64 Children &amp; 46 Adults attended the young people's clubs with snacks and light lunches for everyone.</p>
Family Fun Day and Holiday Provision Activities	Westfield Nurture Centre		£200.00	To provide activities during school holidays for targeted children attending holiday provision sessions at Westfield Family Nurture Centre. Also to provide a free family fun day for all children and families during the holidays.	To reduce social isolation for families during the holiday period and help to reduce stress within families which can often occur during holiday periods. Provide a nurturing environment for targeted children during holidays	<p>Cost of purchasing Family Annual Passes for Muddy Boots which will benefit a large amount of vulnerable families in the Cupar area over the next year.</p> <p>Children from low income families will now be able to enjoy affordable days out at very little cost to them.</p>
Family Outing to Pantomime & Lunch	Kinship Carers		£700.00	We have had the support of the grant scheme for a few years now. This has proved to be invaluable to the grandparents who are Kinship Carers	6 Families Pantomime Tickets & Lunch	Pantomime trip has taken place.

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
				and come along to the weekly support group. These are people who should be enjoying their retirement but have taken on grandchildren usually due to the birth parents having drug and alcohol problems.	Outings during holidays  Any money left is used for outings with the children during school holidays.	
Family Holiday Fun	Fife Council, Communities and Neighbourhoods		£145.86	Provide food for families who may struggle with the cost of providing an extra meal during the holidays.  To provide a range of free activities for isolated families over the holidays.	Children and young people do not go hungry during the holidays.  Families, Children and young people are less isolated during the holidays.	Easter food provided for Easter egg hunts and family activities
Social Experiences for the most vulnerable Children and Families across NEF	Fife Council Family Support Services		£823.00	The Family Support Service will purchase the passes which will allow the Family Workers supporting the Family to access on their behalf. The passes would be booked out at weekends/school holidays throughout the year. Family Workers may decide to accompany a family if they might struggle to attend or provide bus tickets. We would have a booking out/ booking in system for passes. Most of our families struggle financially on a daily basis. The children will normally access free school meal entitlements. Most families are on benefits or some may have 1 parent working on low income/part time/zero hour contracts and the financial restraints impact greatly on these families too. Outings to anywhere where there's a cost is not within their budget so access to the passes will remove that barrier.	We will use a booking out/in system and will be able to monitor usage for reporting purposes. We envisage the passes allowing us to offer this support for 12 months from purchase and supporting 60 families over the year from date of purchase. Families will be included and it will increase socialisation, decreasing isolation. Deer Centre Annual pass for 2 adults and up to 5 children each visit = £300 Dundee Science Centre pass for family = £343 St Andrews Aquarium pass for family = £180 Total = £823	Passes bought and offered for use by families as described supporting 60 families.
<b>A41789.S30016 Discretionary Fund</b>		<b>£15,130.00</b>				

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
Pass it On Peeps	MOD - Susan Budd		£500.00	To provide and distribute essential welfare packages to families in crisis in Fife. Packages will be tailor made and can include clothing, footwear, toiletries and other essential items for children and adults.	<ul style="list-style-type: none"> <li>Set up an effective and efficiently run storage and distribution centre for all items.</li> <li>Respond to referrals from Social Work, Education, third sector and other organisations who identify families in crisis within 5 days.</li> <li>Ensure families in crisis receive essential welfare items to ensure their basic needs are met.</li> </ul>	From January 2019 the group have supported 535 families in crisis. The impact this has had on families across Fife has ensured children had warm clothing during the winter months and school uniforms throughout the year.
Youth Worker - Mental Health Focus	Fife Council, Communities & Neighbourhoods,		£5,000.00	To support young people with mild to moderate mental health issues within a school setting through one to one support and targeted group activities. Many of those experiencing stress are from families living in poverty in NEF.	<ul style="list-style-type: none"> <li>Provide opportunities for young people to build their resilience to the challenges of teenage years and exams.</li> <li>Appoint a Community Education Worker 8 hrs per week within Madras College.</li> </ul>	82 young people have accessed support for their mental health and well-being through Youth Work activities - 60 Female and 22 males Activities - Break and lunchtime Drop In at Bell Baxter and Madras South St, 2 x 7 Habits Group - one in partnership with Young Carers. Emotional Intelligence and Building Resilience Girls Group.
Supporting Holiday Hunger	Fife Council, Community and Social Work Services		£1,000.00	The aim is for the Family Support Service to identify 50 children from across NEF whose parents would usually be accessing support for free school meals or are struggling financially on a day to day basis, where having to provide lunches in the school holidays would further burden their finances. Families could be living on benefits or a low income.	Identify 50 children/young people and offer £10 per child per week to support parents to buy food items for breakfast and meals.	50 children benefitted Easter 2019 before café Inc was extended
Supporting Children and Families in NEF	Fife Council, Children and Families Team - Social Work		£2,000.00	To develop activities and to support the children and families the C & F Teamwork with across NEF including looked after children, children on the Child Protection Register and families who work with us on a voluntary basis.	The money would be used to assist children and families with the costs associated with driving lessons, horse riding and transport to activities and days out.	11 families benefitted. 32 children ages 1 to 14 years. All the funds went to extra curriculum activities or goods e.g. New bicycles Driving Lessons

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
						Swimming Lessons Holiday
Supporting Holiday Hunger	Cupar YMCA		£300.00		3 days catering (30 meals per day) on the 10th, 12th, April	Meals offered during holiday sessions for parents and children.
Pottery For All	Forgan Arts Centre		£480.00	Forgan Arts Centre offer a wide range of educational and cultural opportunities to people of all ages and abilities through the provision of classes, workshops and events across all art-forms. The Centre recognise that the classes are not affordable for everyone and would like to address this beginning with the provision of free adult places in the pottery classes. These places will be advertised to the target group via the local Thrift Shop, Credit Union, Job Club, Health Visitors, Primary Schools, Manna Community Café, and the foodbank.	To provide between 6 and 10 free places of 8 week blocks on the pottery course at the Forgan Arts Centre (Alternative subjects could be selected depending on demand). The places will be targeted through identified partners and organisations towards lower income adults who would not normally be able to access the classes. Once evaluated this project will inform further development of free/subsidised provision to meet need in the area.	1 Full Time Carer for Young Son "I was lucky enough to receive funding for a space at a pottery class at Forgan arts centre after seeing it advertised on a poster locally. As a full time carer, I don't get much time to do something for myself and this was the perfect opportunity. Without the funding it would have been unaffordable. I have really enjoyed the classes and find them relaxing and a great escape from everyday life. It is also a great way to meet other people from the community while learning new skill's. 1 Pensioner and 1 MS sufferer who used the mobility bus to attend. 1 Person with financial difficulties with a very stressful ongoing situation.
Family Fun Day	Ladybank Youth Club - Voluntary Organisation		£200.00	Provide Low cost activities for Ladybank Families. Promote use of Ladybank Youth Club. Develop Family Learning Roadshow provision in Howe of Fife and Taycoast Ward. Raise funds for Youth Club activities. This funding will cover costs for a bouncy castle - one of many activities on offer at the event.	Increase Community involvement in Ladybank youth club provision	Over 100 attended. Wide range of local businesses and agencies took part. Local community invested in club. Attendances steadily rising since.
Cosy Christmas	Fife Council Family Support Fife		£1,300.00	FSS East plans to identify 50 children who are considered most in need on our caseload in NE Fife who are in need of warmth and cosy items for Christmas. We want to offer families cosy items for their children. The children would be identified by Family Workers and families who are	Each child would receive a blanket, pyjamas, cosy socks and a hot water bottle in a Christmas parcel. Cost per child is £20. Identification of children from October with buying from November-December.	We supported 61 children who were in poverty across all of NE Fife with cosy clothing such as Pyjamas, cosy socks, blankets, dressing gowns or a jacket depending on individual needs.

Project	Organisation	Committed Amount	Actual Amount	Project Aim	Outcomes	Update (numbers and impact)
				least likely to manage their fuel bills etc over the winter months.		
Tay Bridgehead Foodbank	Tayport foodbank		£200.00	Tay Bridgehead Foodbank requires funding for nappies and fuel payments to add to their parcels	To support low income families in Tay Bridgehead	Number of people who benefited from the funding 15 households which comprised 8 single adult households, 1 couple, 5 families  All of these people were in fuel poverty. Some had turned off their heating so the funding was vital to support them.
Christmas Winter Warmer Community Meal & Fun	Madras Community Use St Andrews		£250.00	To provide free hot festive meals (catered for by the school kitchen staff) for up to 60 Community Use service users and other community members i.e. families, older people and people with additional needs. To provide children and young people access to a free Santa's Grotto, photo opportunity and small gift. To raise awareness of support services available all year round and especially during the winter months.	<ul style="list-style-type: none"> <li>• For even one day combat festive food poverty.</li> <li>• For even one day address social deprivation and isolation.</li> <li>• To raise awareness of support services– food bank, cosy kingdom, winter helplines etc.</li> <li>• To celebrate without the usual financial implications, pressures and guilt.</li> <li>• To create positive experiences for children and families to enjoy and reflect upon.</li> </ul>	55 community members comprised of individuals adults, people with additional support needs, older people & families benefited from the Christmas meal and 10 children & their families benefited from Santa's Grotto.  One young person volunteer to be an Elf and an older adult volunteered to play the role of Santa in the Grotto.  The school meal staff cooked and serviced the meals.
Futures Group	Fife Council, Communities and Neighbourhoods		£3,000.00	To provide a targeted youth work opportunity for young people in their last year of school who are currently identified as not engaging. It has been identified by school that there are an increasing number of young people disengaged from services with a record of non-attendance over a prolonged period of time, placing themselves at risk by becoming isolated and not focusing on their transition from school into college or work.	<ul style="list-style-type: none"> <li>• Young People will form relationships with significant adults outwith the home.</li> <li>• All young people gain certification – e.g./Nat 3's, First Aid, Dynamic Youth Awards.</li> <li>• Increased confidence and self-esteem amongst young people due to participation in activities out with the home.</li> </ul>	13 Young People 15 – 18 in the Cupar area  4 Young People aged 15 in St Andrews area  Access to training and support for young people who have totally disengaged from mainstream education or are likely to leave school with few qualifications.  13 Young People gained Emergency

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				<p>Due to their non-attendance the young people are at risk of suffering from mental health issues which will have a long term impact on their ability to transition into adulthood.</p> <p>Young people will be offered a programme which supports their transitions to college, the workplace and give them skills and information relevant to making their transition into adult life more positive.</p>	<ul style="list-style-type: none"> <li>Increased social opportunities for young people.</li> </ul>	<p>First Aid.</p> <p>5 Young People have participated in Outdoor Activities, one now has a work placement at East Neuk Outdoors set up as a result of this.</p> <p>5 Young People who have been out of school for a significant period have been supported to gain Nat 4 English.</p>
Madras Girls Can	Fife Council, Communities and Neighbourhoods		£150.00	<p>During their teenage years girls participation in physical activities reduce often having a negative impact on their alter life. Madras Girls Can will provide a free opportunity for S1 -3 girls at Madras College who find it difficult to engage in physical activity both during and after school.</p> <p>By taking away the financial barrier but also by offering the activities in a more informal way and supported by Youth Work staff and Active Schools Ambassadors it is hoped the girls will increase confidence, self-esteem and worth and find it easier to engage in activities during class time and after school.</p> <p>Teenage years are a time of social, emotional and physical change and challenge.</p> <p>Throughout the sessions Youth Work staff will introduce activities to increase knowledge, understanding and support positive choices in a variety of topics that impact on mental and emotional well-being of the girls.</p>	<ul style="list-style-type: none"> <li>Participating girls have the opportunity to take part in new and challenging activities that otherwise would be prohibitive due to costs.</li> <li>Increased confidence in participating girls.</li> <li>Increased understanding of the benefits to overall health and well-being of participation in physical activity both now and longer term.</li> <li>Increased knowledge of girls in topic areas that are relevant to them – e.g./ healthy eating, gender, relationships.</li> <li>Awareness amongst girls about who to speak to when they need support.</li> </ul>	<p>17 girls attending Madras College.</p> <p>13 girls aged 12 -14 and 3 older girls who get the opportunity to support activities.</p> <p>Girls who would not usually attend, due to low confidence or cost, after school activities have had the opportunity in a supportive environment to try out new activities including Yoga, Parkour, Spin.</p> <p>Other activities focused on supporting their mental health and well-being.</p> <p>3 older girls get the opportunity to support the activities and gain new skills.</p>
Cupar Community Fridge	Fife Council, Communities		£250.00	The number of families attending the Café Inc indicated the need for community spaces to have food available. This will also encourage	Increase the number of people who have dignified access to food provision. Increase the number of volunteering opportunities in the	Supporting the development of the Cupar community fridge



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	and Neighbourhoods			volunteering opportunities to local people. This project will help the local community by offering minimal cost fresh food and essentials. minimise waste, following a take what you need model. Reduce stigma around accessing emergency food provision and wider support services. Involve the whole community in something that people can participate in and feel a part of.	North East Fife Area. Reduce stigma surrounding access to affordable food provision.	
Tenancy Assistance	Fife Council Housing Services		£500.00	To provide support to tenants in fuel poverty	Help tenants to sustain their tenancies	Housing have supported 10 top ups for gas and electricity for 8 different tenants. 9 in Cupar and 1 in Newburgh averaging £17 - remainder still being allocated as needs presenting themselves.
<b>A41789.S30017 Fuel Poverty Fund</b>		<b>£13,000.00</b>				
Heating up St Monans	St Andrews Environmental Network -Fuel Poverty Work		£13,000.00	To bring additional support to St Monan's, an area where uptake and engagement is currently low. We aim to raise awareness in the whole of the village while targeting support to 10 households in extreme fuel poverty	<ul style="list-style-type: none"> <li>• A leaflet drop followed up with a door knocking exercise for St Monans to raise awareness.</li> <li>• Complete 10 home visits to households in extreme fuel poverty.</li> </ul>	£3000 St Monans - 10 home visits average gain £100 per household. £1000 fuel top up payments. £3000 Cupar Flu Clinics - 14 home visits. New switching advice Service for low paid workers.  Remaining funds will used to purchase goods for example low energy lightbulbs, thermal curtains, heaters and electric clothes airers .
<b>A41789.S30018 Seniors Household Advice &amp; Repair Programme (SHARP)</b>	Castle Furniture	£5,000.00	£5,000.00	<ol style="list-style-type: none"> <li>1. The provision of a domestic repairs and minor renovation service for low income elders in the community.</li> <li>2. Recognising that retired people still have much to give by encouraging 'active elders' within the community to become</li> </ol>	<ul style="list-style-type: none"> <li>• Provide free practical assistance.</li> <li>• Repair or replace ripped or worn flooring.</li> <li>• Provide basic improvements in elders homes.</li> </ul>	Clients in receipt of household repairs: 4 in Cupar, 2 in Tayport, 1 n Springfield, 1 in Auchtermuchty, 2 in Anstruther, 2 in St Andrews, 1 in Newport, 1 in Kemback, 2 in Strathkinnes, 2 in Darsie. 14 people out of the 18 helped received health checks. Of the 14, 3 were referred to

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				<p>involved with the delivering of SHARP as a volunteer.</p> <p>3. To reduce social isolation by delivering in-home services and interacting with elders that are potentially isolated in the community.</p> <p>4. Castle's Health and Wellbeing Nurse and retired Psychiatric Nurse would assess the needs of elders in the community to provide a holistic insight and identify practical assistance that the SHARP service could provide as well as relevant wellbeing monitoring to those who are not engaged with main stream services.</p>	<ul style="list-style-type: none"> <li>Provide 'active elders' the opportunity to support other elders in the community.</li> </ul>	<p>their GP for further investigations (1 person is now on the waiting list for a laparoscopic cholecystectomy and 1 is now taking antihypertensive medication), 1 was referred to the Optician for an eye test (outcome is unknown). 4 of the 18 did not wish to participate in the health check aspect.</p> <p>Elder volunteers:  3 people helped in Cupar  1 person helped in St Andrews  1 person helped in Anstruther  1 person helped in Peat Inn</p> <p>There are currently 6 individuals waiting on thread bare carpets being replaced. At present we do not have anyone to fit carpets. However, as there seems to be some demand for this we are currently looking to employ a carpet fitter</p> <p>The 18 clients who received domestic repairs and minor renovation services report without being able to access this service they would be unable to carry out minor home improvements or repairs. Others have reported feeling safer in their home because of repairs carried out (lose tiles on stairs at clients front door, broken shelves in kitchen). The elder volunteers feel valued and have been able to use their skills to help others and given them something in their day to look forward to, we have also seen a good friendship form between a client and elder volunteer.</p>
<b>A41789.S30019 Welfare Impacts</b>	Fife Voluntary Action	£6,000.00	£6,000.00	To assist people referred to us from various Fife Council Services and third sector organisations with welfare issues. These can be for anything	To support people with welfare issues who are unable to find help from other sources.	28 clients support from 12 referring agencies £1,171.54 on fuel, clothing and household emergencies (£22.80 on

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				from essential household items to clothes, cash, food, fuel, travel etc.		nursery fees) £1,775.45 on white goods and essential furniture £91.38 on PVG and replacement certificates £2,961 cash remaining Families and individuals with very little or no disposable income can: <ul style="list-style-type: none"> <li>● Improve their quality of life because they have access to essential household equipment and furniture, have access to fund that cover the cost of heating,</li> <li>● seek employment with access to interview clothing</li> <li>● reduce the stigma of not having appropriate school uniforms and footwear for children.</li> </ul>
<b>A41789.S30020 Universal Credit Impact</b>	Fife Council, Communities and Neighbourhoods	£7,000.00	£6,292.10	To assist people referred to us from various Fife Council Services and third sector organisations that have been affected by the impact of Universal Credit. This will be for Tesco/Co-Op gift cards and Stagecoach bus tickets.	To support people affected by the impact of Universal Credit.	<u>Stagecoach Vouchers</u> April £308.80 May £1287.50 October £1272.50 & £7.50 December £5.80 <u>Gift Cards</u> April £210.00 May £400.00 June £400.00 July £200.00 August £600.00 October £500.00 December £400.00 January £500.00 March £200.00
<b>A41789.S30021 Development Worker</b>	Fife Council, Communities and Neighbourhoods	£8,000.00	£8,000.00	Creation of a full-time post of a Development Worker with a focus on concessionary transport and food insecurity would allow progress to be quicker in establishing local solutions across the area. Partnership with communities and existing community organisations is essential to make any new approaches sustainable and this additional resource to the area over	<ul style="list-style-type: none"> <li>● Undertake a mapping of current food insecurity initiatives across NEF</li> <li>● Develop new community fridge, meals and bulk buying provision</li> <li>● Develop new marketing to increase awareness of bus routes and concessionary fare schemes</li> </ul>	New staff member to help progress work on food insecurity and transport and the cost of bus travel in NEF

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				24 month period would support this. A32157.510004	<ul style="list-style-type: none"> <li>Work with key agencies to further promote concessionary bus travel schemes from NHS and DWP</li> </ul>	
<b>A41789.S30023 Development Worker St Monans</b>	Fife Council, Communities and Neighbourhoods	£5,000.00	£5,000.00	Development Worker at St Monans	Paid £2500 invoice on 16/08/19 further £2500 journaled to A32157 on 18/12/19 and invoice paid from there.	<ul style="list-style-type: none"> <li>Work with the community to establish a mother &amp; toddlers group.</li> <li>Community Newsletter.</li> <li>Free activities on the MUGA</li> <li>Activities for 10-14 year olds</li> </ul>
<b>A41789.S30024 Bus Travel Concessionary Scheme Research</b>	Fife Council, Communities and Neighbourhoods	£7,896.00	£7,896.00	Research commissioned to find out the difference the introduction of a concessionary bus fare scheme would make for unemployed residents in NEF.	Report with test of change feedback	Expected date for completion June 2020
<b>A41789.S30025 Bus Travel Pilot Scheme</b>	Fife Council, Communities and Neighbourhoods -	£9,543.00	£9,543.00	Axiom Consultancy undertook research into rural bus travel costs for the unemployed which included looking at existing concessionary schemes and identifying communities who are particularly disadvantaged. One of the recommendations from the report was to undertake a Test of Change to enable additional information on the impact on clients.	40 people x 25 Day Rider Tickets at £8.20 each from Stagecoach. - Total £8200.00 10 people x 25 Day Rider Tickets at £5.00 each from Moffat & Williamson. - Total £1250.00 50 Folders - £93.00	46 clients have signed up to the scheme. Each client will receive a maximum of 25 Day Riders over a 6 month period which will be distributed in batches of 7 to encourage written feedback on how the tickets are being used. 21 Record of Bus Journey forms have been returned to date with 124 tickets being used. Types of journeys: Hospital Appointments, shopping from low budget supermarket; visiting family.
<b>A41789.S30026 Social Prescribing Initiative</b>	Fife Council, Communities and Neighbourhoods -	£18,751.00	£18,751.00	This social prescribing initiative will run initially in the Cupar Gp's surgery for 20 hours a week using the model established in Glenrothes by the evaluated 'Positive You, Positive Me' approach.  The aim is for those attending GP's with mild to moderate mental health issues to be supported to access learning, community support and befriending opportunities to help reduce their need for further health services.	<ul style="list-style-type: none"> <li>Provide free confidential support for individuals referred from GPs</li> <li>Establish pathways and next steps for those accessing the service and work with partners in Cupar to provide community support</li> <li>Provide a way to reduce individuals anxiety by providing/ signposting to community job clubs for welfare and financial support</li> <li>Overall there is a local support pathway for those experiencing mental health issues which helps</li> </ul>	60 referrals to date 42 female 18 male  Even spread over all age groups.  Examples of referrals that have been made are- Community Job Clubs, Adult Basic Education, Include Me, Fife Forum, Community Based Adult Learning courses, CARF, Enlighten, Access Therapies, Active Options 2, Age Concern, Castle Befriending, Fife

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					strengthen their resilience and provide coping mechanisms available free and local.	Voluntary Action, Fife Women's Aid and Walking Groups.
<b>A41789.S30027 East Neuk Foodbank</b>	East Neuk Foodbank	£2,000.00	£2,000.00	To co-ordinate food donations, food bag collection and volunteers helping with the organisation. To work with clients suffering from food insecurity and isolation, to assist and enable them where possible to access services, training and relevant support and if possible, to help move them out of the need to use the food services of the foodbank. To run the drop in (free) café type service where clients can socialise and spend the time in a warm friendly environment. To provide access to Laptops, broadband, phone land line, IT support, form filling, CV's and Job applications. To signpost to other support services.	Bridged food poverty gap for individuals and families in times of crisis. Reduced need for Food bags Increased awareness and access to support services Reduced Isolation	Figures are up to end of January 2020: Total number of packages distributed: 1114  Reasons: Hardship 1 Sanctioned 10 JSA 58 ESA 100 Income Support 9 Carers Allowance 4 Child Benefit 14 Universal Credit 43 Other 52
<b>Totals</b>		<b>£125,516.86</b>	<b>£124,608.96</b>			