

Sweet chilli vegetable fried rice

Serves 4

Prep 10 minutes

Cooking 15 minutes

Ingredients

2 mugs cooked rice

Selection of leftover cooked vegetables eg, peas, sweetcorn, broccoli, leeks, carrots, courgettes

6 spring onions, trimmed, and finely chopped

4 tbsp sweet chilli sauce

1 tbsp vegetable oil

Method

- 1. Heat the oil in a frying pan add the chopped spring onions and fry for 2-3 minutes.
- 2. Cut the leftover vegetables into small pieces and add to the pan and heat through.
- 3. Add the rice and heat through until piping hot, add the chilli sauce and serve.

