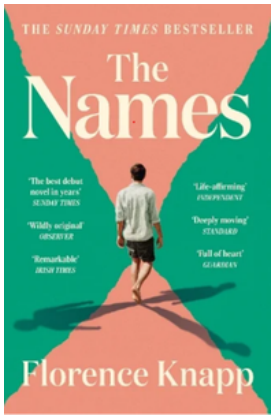
16 Days of Activism

Tackling Violence Against Women and Girls in Scotland
25th November - 10th December

16 Days of Action
16 Recommended Reads

"The content of a book holds the power of education and it is with this power that we can shape our future and change lives" – Malala Yousafzai

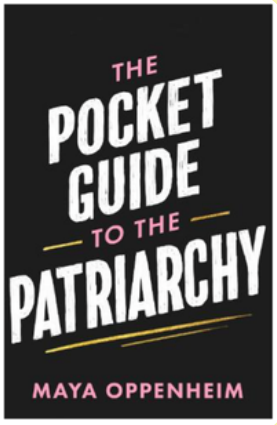


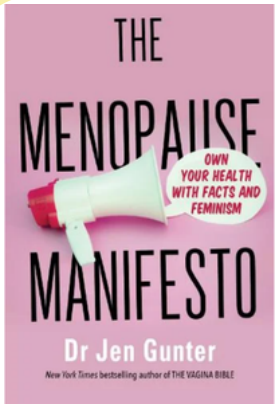
The Names
by Florence Knapp

A deeply emotional and engaging story which explores the long lasting impacts of domestic abuse.

The Pocket Guide to the Patriarchy: The truth about misogyny, and how it affects us all
by Maya Oppenheim

A sharp, accessible breakdown of how structural sexism persists and how to dismantle it.



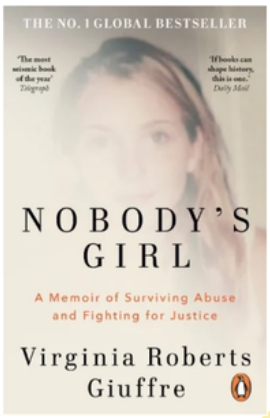


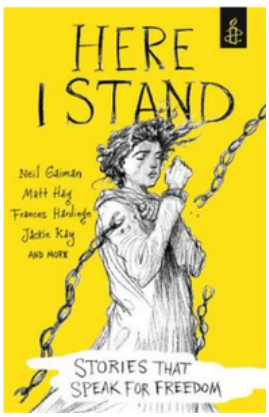
The Menopause Manifesto
by Dr Jen Gunter

A guide to knowing what is happening, why and what to do about menopause.

Nobody's Girl: A memoir of surviving abuse and fighting for justice by Virginia Roberts Giuffre

A powerful and heart-breaking memoir of abuse from a courageous woman determined to speak out.





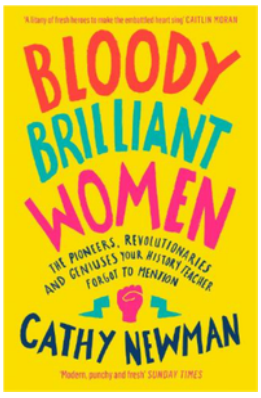
Here I Stand: Stories that speak for freedom
by Amnesty International UK (editor)

Explore the top human rights issues facing young people today, through short stories and poetry.

Women, Race and Class
by Angela Y. Davis

A foundational text exploring the intersections of race, capitalism, and the feminist movement.





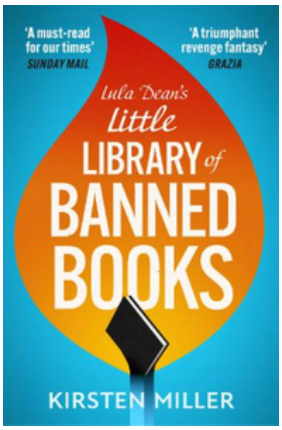
Bloody Brilliant Women
by Cathy Newman

The Pioneers, Revolutionaries and Geniuses Your History Teacher Forgot to Mention

She Wanted More: Reimagine your future and live by your rules by Poorna Bell

Exploring who sets the rules for women and why, and meet women making their own rules.





Lula Dean's Little Library of Banned Books
by Kirsten Miller

A fictional story that explores the power of books to change our perspective, and why people fear them.

Nobody's Victim: Fighting Psychos, Stalkers, Pervs and Trolls by Carrie Goldberg

A fierce guide and memoir on fighting back against online and offline sexual harassment and abuse..



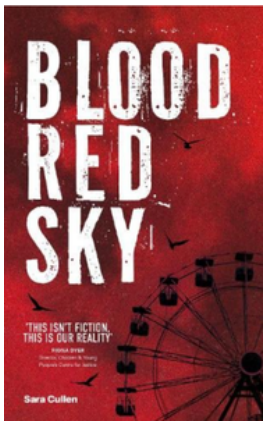


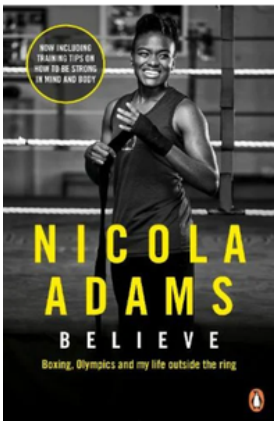
How to Raise a Gentle Man
by Sarah Ockwell-Smith

A guide for parents and carers who want to raise kind, emotionally intelligent and respectful boys.

Blood Red Sky
by Sara Cullen

A gripping work of fiction, based on reality, set in Fife. Asks what should we do with teenagers who cross the line? Should we lock them up, or take time to find out the truth?



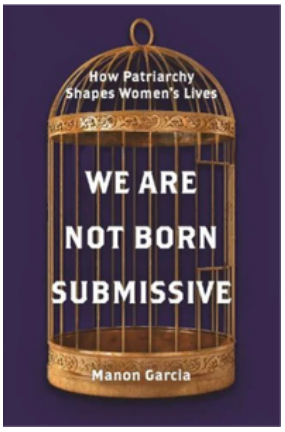


Believe
by Nicola Adams

At London 2012, Nicola Adams made history when she became the first woman ever to win an Olympic Gold medal for boxing.

We Are Not Born Submissive
by Manon Garcia

A look at how the complexities of women's reality and lived experience are shaped by patriarchy.



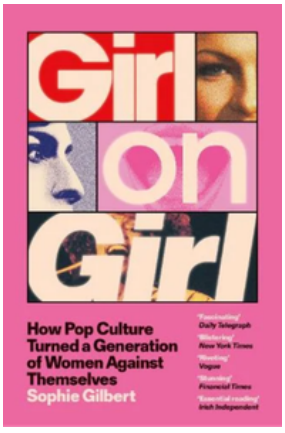


Pleasure Activism: The politics of feeling good
by adrienne maree brown

Explores how reclaiming joy and autonomy is part of the work against oppression.

Girl on Girl
by Sophie Gilbert

An exploration of how pop culture turned a generation of women against themselves.



FIFE VIOLENCE AGAINST WOMEN Partnership

Compiled by Fife Violence Against Women Partnership for 16 Days of Activism Against Gender Based Violence 2026

www.fife.gov.uk/16days

Thanks to FVAWP campaigns group for their contributions.