16 Watches for 16 Days

1. OnlyFans: Inside the Machine - BBC iPlayer



A BBC Current Affairs investigation uncovers allegations of exploitation, coercion and violence committed by some of the hundreds of agents who manage many of the platform's creators as well as the potential for modern slavery.

2. Believe Me - Watch Episode - ITVX



Haunting true crime drama following the victims of 'black cab rapist' John Worboys as they take on the authorities who failed them in a fight for justice

3. Lover, Liar, Predator - BBC iPlayer



A feature-length documentary broadcast by BBC Two and BBC Scotland detailing the true story of four women—Natalie, Jenni, Shannon, and Robyn—who join forces to expose and help imprison a serial abuser

4. Stacey Dooley - Fallen Women - BBC iPlayer



Stacey Dooley looks into the deaths of women who have fallen from heights, interrogating how these deaths are investigated and exploring whether domestic abuse played a part.

5. Controlled: Can I Trust My Partner? UNTOLD | Stream free on Channel 4



Daisy Maskell investigates the shocking surge in partner abuse among under-30s, and enlists her boyfriend to help her expose the sinister 'stalkerware' apps used to spy on victims.

6. Hunting The Spycammers - BBC iPlayer



Jess Davies investigates spy cams and discovers a bigger, darker world than she ever expected. She uncovers an online network where secretly filmed footage of people in their most intimate moments, is shared for views, likes and trades.

7. Britain's Forgotten Girls - BBC iPlayer



Girls across Britain are being groomed and exploited by drug gangs. Through survivors and whistleblowers, this film investigates why the failures have continued for two decades.

8. The Push: Murder on the Cliff | Stream free on Channel 4



The documentary examines the 2021 death of Fawziyah Javed, who fell 50 feet from Arthur's Seat in Edinburgh. Her husband, Kashif Anwar, was arrested hours later and later found guilty of murder.

Collated by Fife Violence Against Women Partnership for 16 Days of Action Against Gender Based Violence 2026. www.fife.gov.uk/16days

9. [Watch I Am... | Stream free on Channel 4]



I Am Helen is a drama that follows Helen as her five-year relationship with her partner, Steve, unravels after he falls down an online rabbit hole of extreme pornography and "manosphere" misogyny. The drama exposes the insidious nature of digital radicalisation, coercive control, and how toxic online rhetoric can escalate into real-world emotional and physical danger for women behind closed doors.

10. [Louis Theroux: Inside the Manosphere]



Louis Theroux investigates the online "manosphere"—a sprawling, hyper-masculine, and anti-feminist digital network. He gains direct, unvarnished access to some of the subculture's most polarizing and controversial online influencers

11. [Laura Whitmore Investigates - Watch Episode - ITVX]



Eye-opening documentary series hosted by Laura Whitmore. Talking to victims and experts, she investigates a range of issues, from cyber stalking to sexual violence against women.

12. [Honour - Watch Episode - ITVX]



The Honour Killing - Simon Toyne travels to South London to unravel the unbelievable story of Banaz Mahmod, a woman murdered by members of her own family.

13. [Spotlight - Katie: Coerced and Killed - BBC iPlayer]



Showjumper Katie Simpson's killer told everyone she had taken her own life. His history of violence and her injuries should have raised red flags but his lie almost went undetected.

14. [Her Majesty The Queen: Behind Closed Doors - ITVX]



Her Majesty The Queen gives voice to the victims of domestic abuse, grieving families, and those working to end its tragedy in this film shot throughout 2024

15. [Stacey Dooley - Rape on Trial: Episode 1 - BBC iPlayer]



Four women who waived their anonymity to report acquaintance rape and navigate the UK's criminal justice system.

16. [Uncovering Intimate Partner Abuse - ITVX]



Striking documentary exploring the different elements of domestic abuse that often lead to serious violence or homicide.