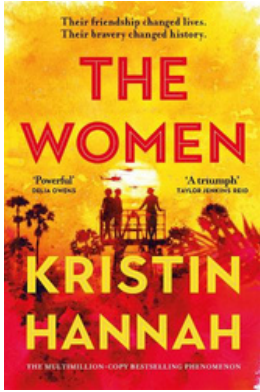




16 Days of Activism 16 Recommended Reads

Tackling Violence Against Women and Girls
in Scotland
25th November - 10th December

"The content of a book holds the power of education and it is with this power that we can shape our future and change lives" – Malala Yousafzai

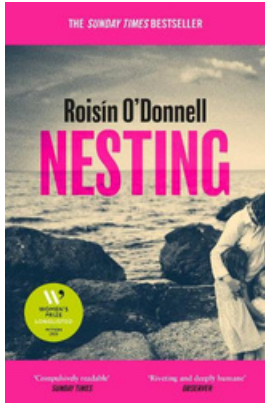


The Women by Kristin Hannah

An engaging and heartbreaking tale of a young woman's service through the Vietnam War.

Every Man: Why Violence Against Women is a Men's Issue, and How You Can Make a Difference by Jackson Katz

Although not all men are part of the problem, every man can, and should, be part of the solution.

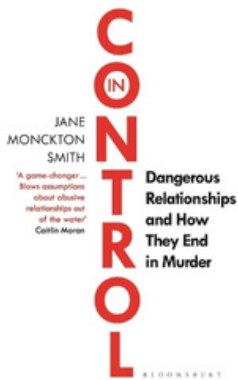
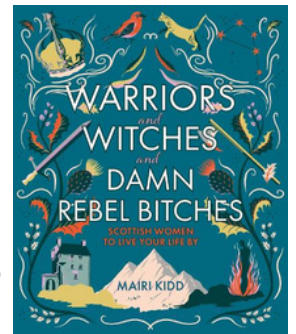


Nesting by Roisin O'Donnell

A story of one woman's bid to leave a controlling relationship.

Warriors and Witches and Damn Rebel Bitches: Scottish women to live your life by by Mairi Kidd

Inspirational and fierce stories of Scottish women who have spoken up and broken the rules, with attitude.

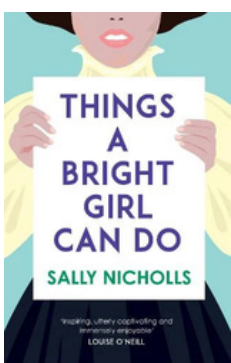
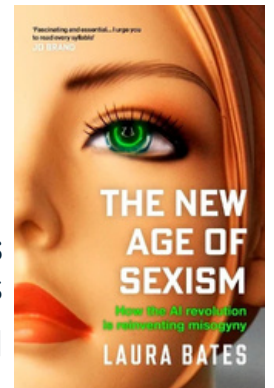


In Control: Dangerous Relationships and How They End in Murder by Jane Monckton Smith

Spotlighting coercive relationships and detectable signs that lead to domestic abuse and homicide.

The New Age of Sexism: How the AI Revolution is Reinventing Misogyny by Laura Bates

A hard hitting overview of the impact of new digital technology and the risk to gender equality.

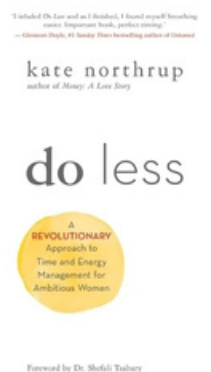


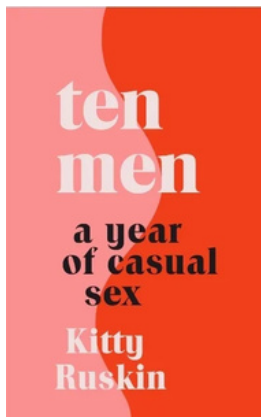
Things a Bright Girl Can Do by Sally Nicholls

A tale of three young women and their fight for the vote.

Do Less: A Revolutionary Approach to Time and Energy Management for Ambitious Women by Kate Northrup

Live in tune with the cyclical nature of the feminine.



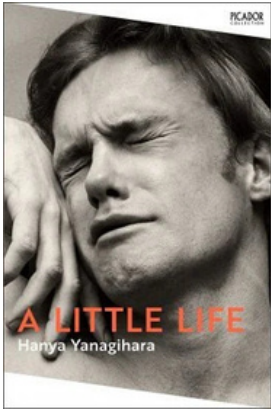
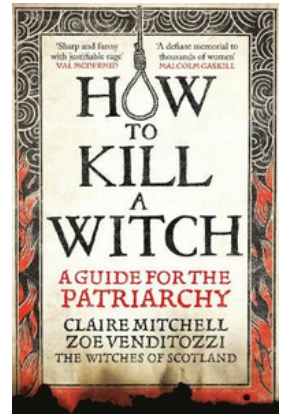


Ten Men: A Year of Casual Sex by Kitty Ruskin

An honest and shocking reflection of one woman's experience of navigating online hook up culture.

How To Kill A Witch: A Guide For The Patriarchy by Claire Mitchell and Zoe Venditozzi

Explores why the Patriarchy went to such extraordinary lengths to silence women during the Scottish witch trial.

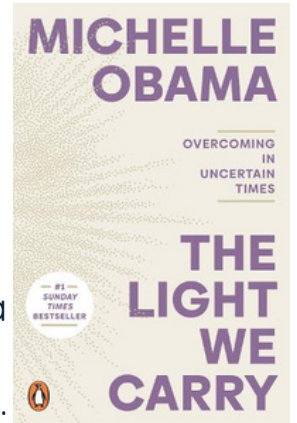


A Little Life by Hanya Yanagihara

Through the story of four friends, especially the vulnerable and resilient Jude, it explores trauma, love and the strength found in human connection

The Light We Carry: Overcoming In Uncertain Times by Michelle Obama

An inspirational volume of personal insight and wisdom.

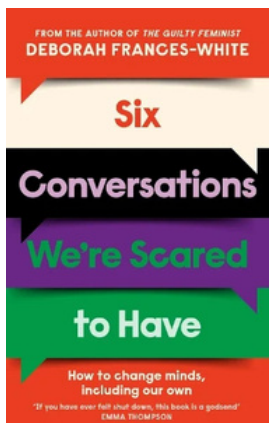
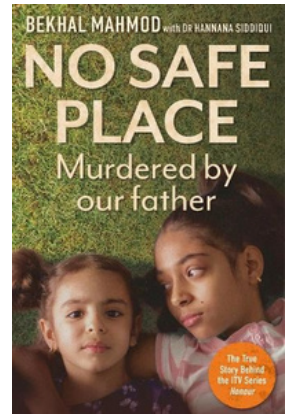


The Maiden by Kate Foster

Inspired by a real-life case, a remarkable story giving a voice to women silenced by history.

No Safe Place: Murdered by Our Father by Bekhal Mahmud with Dr Hannana Siddiqui

First female in British legal history to give evidence against family members in an honour killing trial.

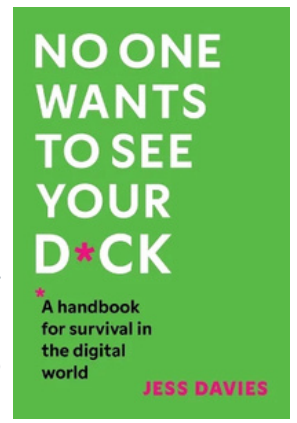


Six Conversations We're Scared to Have by Deborah Frances-White

The Guilty Feminist encourages difficult conversations, free thinking and celebrates the ability to disagree.

No One Wants to See Your D*ck: A Handbook for Survival in the Digital World by Jess Davies

Practical advice and accessible language to help you understand what is happening online.



Compiled by Fife Violence Against Women Partnership for 16 Days of Activism Against Gender Based Violence 2025

www.fife.gov.uk/16days

Thanks to Waterstones Kirkcaldy and KASP for their contributions.